# Table of Contents

All information contained in this document is the property of UNC Health Care.

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Endocrinology, Diabetes and Metabolism</td>
<td>2</td>
</tr>
<tr>
<td>Pain Management</td>
<td>13</td>
</tr>
<tr>
<td>Index</td>
<td>14</td>
</tr>
</tbody>
</table>
Katherine Bergamo, FNP-C

**Instructor**

**Specialty:** Endocrinology, Diabetes and Metabolism

**Procedures and Research:** Type I and II diabetes clinical trials

**Special Interests:** Treatment and prevention of diabetic complications

**Bachelor of Science:** University of North Carolina at Chapel Hill

**Area:** Nursing

**Master of Science:** Binghamton University

**Area:** Nursing-Family Nurse Practitioner

**Certification:** Nursing-Family Nurse Practitioner

---

John B. Buse, MD, PhD

**Executive Associate Dean for Clinical Research, UNC School of Medicine; Director, NC TraCS Institute; Chief, Division of Endocrinology and Metabolism; Director, UNC Diabetes Care Center; Professor**

**Specialty:** Endocrinology, Diabetes and Metabolism

**Procedures and Research:** Diabetes mellitus, hypoglycemia, lipids, cardiovascular risk reduction.

**Medical School:** Duke University

**Residency:** University of Chicago

**Area:** Medicine

**Chief Residency:** University of Chicago

**Area:** Internal Medicine

**Fellowship:** University of Chicago

**Area:** Endocrinology

**Doctorate:** Duke University

**Certifications:** Internal Medicine, Internal Medicine-Endocrinology, Diabetes and Metabolism

---

**UNC Hospitals Diabetes and Endocrinology Clinic at Meadowmont**

300 Meadowmont Village Circle

Suite 202

Chapel Hill, NC 27517

**Phone:** (984) 974-2950

**Fax:** (984) 974-2924

**Websites:**

www.uncmedicalcenter.org/unc mc/care-treatment/endocrinology,

www.uncmedicalcenter.org/unc mc/care-treatment/diabetes
Endocrinology, Diabetes and Metabolism (cont.)

David R. Clemmons, MD
Professor, Sarah Graham Kenan Professor of Medicine

**Specialty:** Endocrinology, Diabetes and Metabolism

**Procedures and Research:** Atherosclerosis.

**Medical School:** University of North Carolina at Chapel Hill

**Residency:** Massachusetts General Hospital

**Area:** Internal Medicine

**Certifications:** Internal Medicine, Internal Medicine-Endocrinology, Diabetes and Metabolism

UNC Hospitals Diabetes and Endocrinology Clinic at Meadowmont
300 Meadowmont Village Circle
Suite 202
Chapel Hill, NC 27517

**Phone:** (984) 974-2950

**Fax:** (984) 974-2924

**Websites:**
www.uncmedicalcenter.org/uncmc/care-treatment/endocrinology,
www.uncmedicalcenter.org/uncmc/care-treatment/diabetes

Stephen DeCherney, MD, MPH
Professor

**Specialty:** Endocrinology, Diabetes and Metabolism

**Procedures and Research:** Inpatient consultation service and teaching.

**Medical School:** Temple University

**Additional Education:** Columbia University

UNC Hospitals Diabetes and Endocrinology Clinic at Meadowmont
300 Meadowmont Village Circle
Suite 202
Chapel Hill, NC 27517

**Phone:** (984) 974-2950

**Fax:** (984) 974-2924

**Websites:**
www.uncmedicalcenter.org/uncmc/care-treatment/endocrinology,
www.uncmedicalcenter.org/uncmc/care-treatment/diabetes
Endocrinology, Diabetes and Metabolism (cont.)

Jean Dostou, MD  
Associate Professor

- **Specialty:** Endocrinology, Diabetes and Metabolism
- **Procedures and Research:** UNC Diabetes Care Center, trials in diabetes prevention (NAVIGATOR), immunotherapy (DEFEND), cardiovascular assessment (DIAD).
- **Special Interests:** Dr. Dostou is director of the Endocrinology Fellowship Training Program and teaches trainees on a variety levels within the UNC school of medicine. She is especially active in clinical care, enjoys seeing patients with various endocrine disorders, and in particular those who have diabetes.
- **Medical School:** Brown University
- **Fellowship:** Strong Memorial Hospital
- **Certification:** Internal Medicine-Endocrinology, Diabetes and Metabolism

---

April Goley, FNP-C  
Instructor

- **Specialty:** Endocrinology, Diabetes and Metabolism
- **Additional Education:** University of North Carolina at Chapel Hill

---

UNC Hospitals Diabetes and Endocrinology Clinic at Meadowmont  
300 Meadowmont Village Circle  
Suite 202  
Chapel Hill, NC  27517  
Phone: (984) 974-2950  
Fax: (984) 974-2924  
Websites:  
www.uncmedicalcenter.org/uncmc/care-treatment/endocrinology,  
www.uncmedicalcenter.org/uncmc/care-treatment/diabetes
## Endocrinology, Diabetes and Metabolism (cont.)

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Specialty</th>
<th>Medical School</th>
<th>Procedures and Research</th>
<th>Area</th>
<th>UNC Hospitals Diabetes and Endocrinology Clinic at Meadowmont</th>
<th>Phone</th>
<th>Fax</th>
<th>Websites</th>
</tr>
</thead>
</table>
Endocrinology, Diabetes and Metabolism (cont.)

Morgan Simonds Jones, MD

Specialty: Endocrinology, Diabetes and Metabolism
Medical School: University of Toledo
Fellowship: Medical University of South Carolina
Area: Endocrinology
Certification: Internal Medicine

UNC Hospitals Diabetes and Endocrinology Clinic at Meadowmont
300 Meadowmont Village Circle
Suite 202
Chapel Hill, NC 27517
Phone: (984) 974-2950
Fax: (984) 974-2924

Deepa Kirk, MD
Associate Professor; Medical Director, UNC Hospitals Diabetes and Endocrinology Clinic at Meadowmont

Specialty: Endocrinology, Diabetes and Metabolism
Procedures and Research: General endocrinology and diabetes, thyroid nodules, thyroid cancer, autoimmune thyroid disease, cystic fibrosis-related diabetes
Medical School: University of North Carolina at Chapel Hill
Internship and Residency: University of Pennsylvania
Chief Residency: University of Pennsylvania
Fellowship: University of Pennsylvania
Area: Endocrinology and Diabetes

UNC Hospitals Diabetes and Endocrinology Clinic at Meadowmont
300 Meadowmont Village Circle
Suite 202
Chapel Hill, NC 27517
Phone: (984) 974-2950
Fax: (984) 974-2924
Eric L. Klett, MD  
Assistant Professor

**Specialty:** Endocrinology, Diabetes and Metabolism  
**Medical School:** Medical University of South Carolina

**UNC Hospitals Diabetes and Endocrinology Clinic at Meadowmont**  
300 Meadowmont Village Circle  
Suite 202  
Chapel Hill, NC 27517

**Phone:** (984) 974-2950  
**Fax:** (984) 974-2924  
**Websites:**  
www.uncmedicalcenter.org/uncmc/care-treatment/endocrinology,  
www.uncmedicalcenter.org/uncmc/care-treatment/diabetes
Sriram Machineni, MD
Assistant Professor of Medicine

Specialty: Endocrinology, Diabetes and Metabolism

Procedures and Research: Novel obesity therapies

Special Interests: Obesity medicine, body weight regulation and heterogeneity of response to obesity treatments

Medical School: All India Institute of Medical Sciences, New Delhi

Residency and Chief Residency: University at Buffalo
Area: Internal Medicine

Fellowship: Massachusetts General Hospital
Area: Obesity Medicine

Research Fellowship: Massachusetts General Hospital
Area: Obesity and Metabolism

Certifications: Internal Medicine, Obesity Medicine

UNC Hospitals Diabetes and Endocrinology Clinic at Meadowmont
300 Meadowmont Village Circle
Suite 202
Chapel Hill, NC 27517

Phone: (984) 974-2950
Fax: (984) 974-2924
Websites:
www.northcarolinasurgery.com,
www.uncmedicalcenter.org/uncmc/care-treatment/endocrinology,
www.uncmedicalcenter.org/uncmc/care-treatment/diabetes

REX Surgical Specialists
Bariatric Specialty Center (Raleigh)
4207 Lake Boone Trail
Suite 210
Raleigh, NC 27607

Appointments: (919) 784-4160
Phone: (919) 784-7874
Fax: (919) 784-2708
Websites:
www.northcarolinasurgery.com,
www.uncmedicalcenter.org/uncmc/care-treatment/endocrinology,
www.uncmedicalcenter.org/uncmc/care-treatment/diabetes
Lauren McKnight, PharmD, CPP, BCACP
Assistant Professor of Clinical Education, UNC Eshleman School of Pharmacy

Specialties: Endocrinology, Diabetes and Metabolism, Pain Management
Residency: UNC Health Care
Area: Ambulatory Care
Doctorate: University of North Carolina at Chapel Hill
Area: Pharmacy
Honors: Highest Distinction
Certification: Pharmacy-Ambulatory Care Pharmacy

UNC Hospitals Pain Management Center (Chapel Hill)
410 Market St.
Southern Village
Suite 362
Chapel Hill, NC 27516
Appointments: (984) 974-6688
Fax: (984) 974-6793
Websites: www.uncmedicalcenter.org/uncmc/care-treatment/pain-management,
www.uncmedicalcenter.org/uncmc/care-treatment/endocrinology,
www.uncmedicalcenter.org/uncmc/care-treatment/diabetes

UNC Hospitals Diabetes and Endocrinology Clinic at Meadowmont
300 Meadowmont Village Circle
Suite 202
Chapel Hill, NC 27517
Phone: (984) 974-2950
Fax: (984) 974-2924
Websites: www.uncmedicalcenter.org/uncmc/care-treatment/pain-management,
www.uncmedicalcenter.org/uncmc/care-treatment/endocrinology,
www.uncmedicalcenter.org/uncmc/care-treatment/diabetes
Endocrinology, Diabetes and Metabolism (cont.)

### Caron Misita, PharmD, BCPS, CDE, CPP

**Assistant Professor of Clinical Education**

- **Specialty:** Endocrinology, Diabetes and Metabolism
- **Special Interests:** Ambulatory care clinical pharmacy practice, diabetes management
- **Residency:** University of North Carolina Hospitals
- **Area:** Ambulatory Care Clinical Pharmacy Practice
- **Doctorate:** Samford University
- **Area:** Pharmacy
- **Certifications:** Pharmacy, Diabetes Education

**UNC Hospitals Diabetes and Endocrinology Clinic at Meadowmont**

300 Meadowmont Village Circle
Suite 202
Chapel Hill, NC 27517

**Phone:** (984) 974-2950
**Fax:** (984) 974-2924

**Websites:**
www.uncmedicalcenter.org/uncmc/care-treatment/endocrinology,
www.uncmedicalcenter.org/uncmc/care-treatment/diabetes

### Karla Pou, MD

**Associate Professor of Medicine**

- **Specialty:** Endocrinology, Diabetes and Metabolism
- **Special Interests:** Endocrine tumors, which includes thyroid nodules, thyroid cancers, parathyroid tumors and adrenal tumors, thyroid diseases
- **Medical School:** Mount Sinai School of Medicine
- **Residency:** Brigham and Women's Hospital
- **Area:** Internal Medicine
- **Honors:** Teaching Award
- **Fellowship:** Brigham and Women's Hospital
- **Area:** Endocrinology
- **Certifications:** Internal Medicine-Endocrinology, Diabetes and Metabolism, Internal Medicine

**UNC Hospitals Diabetes and Endocrinology Clinic at Meadowmont**

300 Meadowmont Village Circle
Suite 202
Chapel Hill, NC 27517

**Phone:** (984) 974-2950
**Fax:** (984) 974-2924

**Websites:**
www.uncmedicalcenter.org/uncmc/care-treatment/endocrinology,
www.uncmedicalcenter.org/uncmc/care-treatment/diabetes
Endocrinology, Diabetes and Metabolism (cont.)

Janet Rubin, MD  
Professor

Specialty: Endocrinology, Diabetes and Metabolism  
Procedures and Research: Endocrinology.
Medical School: Brown University  
Residency: Northwestern University  
Area: Internal Medicine  
Fellowship: University of California, San Diego  
Area: Endocrinology  
Certifications: Internal Medicine, Internal Medicine-Endocrinology, Diabetes and Metabolism

UNC Hospitals Diabetes and Endocrinology Clinic at Meadowmont  
300 Meadowmont Village Circle  
Suite 202  
Chapel Hill, NC 27517  
Phone: (984) 974-2950  
Fax: (984) 974-2924  
Websites:  
www.uncmedicalcenter.org/uncmc/care-treatment/endocrinology,  
www.uncmedicalcenter.org/uncmc/care-treatment/diabetes

Maya Styner, MD  
Assistant Professor

Specialty: Endocrinology, Diabetes and Metabolism  
Medical School: University of North Carolina at Chapel Hill

UNC Hospitals Diabetes and Endocrinology Clinic at Meadowmont  
300 Meadowmont Village Circle  
Suite 202  
Chapel Hill, NC 27517  
Phone: (984) 974-2950  
Fax: (984) 974-2924  
Websites:  
www.uncmedicalcenter.org/uncmc/care-treatment/endocrinology,  
www.uncmedicalcenter.org/uncmc/care-treatment/diabetes
Laura Anne Young, MD, PhD
Assistant Professor

Specialty: Endocrinology, Diabetes and Metabolism

Procedures and Research: Type 1 and type 2 diabetes

Special Interests: Type 1 and type 2 diabetes, impact of stress on chronic disease management, integrative medicine, medication adherence.

Medical School: University of Cincinnati
Doctorate: University of Cincinnati
Area: Epidemiology

Certifications: Internal Medicine, Internal Medicine-Endocrinology, Diabetes and Metabolism

UNC Hospitals Diabetes and Endocrinology Clinic at Meadowmont
300 Meadowmont Village Circle
Suite 202
Chapel Hill, NC 27517

Phone: (984) 974-2950
Fax: (984) 974-2924

Websites:
www.uncmedicalcenter.org/uncmc/care-treatment/endocrinology,
www.uncmedicalcenter.org/uncmc/care-treatment/diabetes
Lauren McKnight, PharmD, CPP, BCACP
Assistant Professor of Clinical Education, UNC Eshleman School of Pharmacy

Specialties: Endocrinology, Diabetes and Metabolism, Pain Management
Residency: UNC Health Care
Area: Ambulatory Care
Doctorate: University of North Carolina at Chapel Hill
Area: Pharmacy
Honors: Highest Distinction
Certification: Pharmacy-Ambulatory Care Pharmacy

UNC Hospitals Pain Management Center (Chapel Hill)
410 Market St.
Southern Village
Suite 362
Chapel Hill, NC 27516
Appointments: (984) 974-6688
Fax: (984) 974-6793
Websites:
www.uncmedicalcenter.org/uncmc/care-treatment/pain-management,
www.uncmedicalcenter.org/uncmc/care-treatment/endocrinology,
www.uncmedicalcenter.org/uncmc/care-treatment/diabetes

UNC Hospitals Diabetes and Endocrinology Clinic at Meadowmont
300 Meadowmont Village Circle
Suite 202
Chapel Hill, NC 27517
Phone: (984) 974-2950
Fax: (984) 974-2924
Websites:
www.uncmedicalcenter.org/uncmc/care-treatment/pain-management,
www.uncmedicalcenter.org/uncmc/care-treatment/endocrinology,
www.uncmedicalcenter.org/uncmc/care-treatment/diabetes
Index

B
Katherine Bergamo, FNP-C ................................ 2
John B. Buse, MD, PhD .................................... 2

C
David R. Clemmons, MD ................................. 3

D
Stephen DeCherney, MD, MPH ....................... 3
Jean Dostou, MD ........................................... 4

G
April Goley, FNP-C ...................................... 4

H
Elizabeth Harris, MD ................................. 5

I
Camille B. Izlar, MS ....................................... 5

J
Morgan Simonds Jones, MD ......................... 6

K
Deepa Kirk, MD ............................................ 6
Eric L. Klett, MD ........................................... 7

M
Sriram Machineni, MD ............................... 8

Lauren McKnight, PharmD, CPP, BCACP .... 9, 13
Caron Misita, PharmD, BCPS, CDE, CPP ...... 10

P
Karla Pou, MD ............................................. 10

R
Janet Rubin, MD ......................................... 11

S
Maya Styner, MD ......................................... 11

Y
Laura Anne Young, MD, PhD .......................... 12