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<tr>
<td><strong>Specialty:</strong> Emergency Medicine</td>
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<tr>
<td><strong>Physician Assistant:</strong> Wake Forest University</td>
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<td><strong>Address:</strong> 800 N. Justice St. First Floor, Hendersonville, NC 28791</td>
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<tr>
<td><strong>Phone:</strong> (828) 696-4270</td>
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<td><strong>Fax:</strong> (828) 696-4276</td>
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<tr>
<td><strong>Website:</strong> <a href="http://www.pardeehospital.org/care-treatment/emergency-medicine">www.pardeehospital.org/care-treatment/emergency-medicine</a></td>
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<td><strong>Website:</strong> <a href="http://www.southeasternsportsmedicine.com">www.southeasternsportsmedicine.com</a></td>
</tr>
</tbody>
</table>
Richard Cardillo, PA

**Specialty:** Orthopaedics and Orthopaedic Surgery  
**Medical School:** A.T. Still University, Missouri  
**Bachelor of Science:** University of North Carolina at Charlotte  
**Area:** Exercise Science

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Mark C. Claar, PA-C

**Specialties:** Orthopaedics and Orthopaedic Surgery, Sports Medicine  
**Physician Assistant:** East Carolina University  
**Certification:** Physician Assistant

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**Phone:** (828) 692-4356  
**Fax:** (828) 697-0148  
**Website:** www.southeasternsportsmedicine.com
Ashley Imgrund-Flora, PA-C

Specialties: Orthopaedics and Orthopaedic Surgery, Sports Medicine

Special Interests: Concussions

Master of Science: Shenandoah University
Area: Athletic Training
Honors: Iota Tau Alpha

Certification: Physician Assistant

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### Richard Brian Jones, MD

**Specialties:** Orthopaedics and Orthopaedic Surgery, Sports Medicine

**Medical School:** East Carolina University

**Internship:** East Carolina University

**Area:** Orthopaedic Surgery

**Residency:** University of Tennessee Health Science Center, Memphis

**Area:** Orthopaedic Surgery

**Fellowship:** Cleveland Clinic Foundation

**Area:** Sports Medicine

**Certification:** Orthopaedic Surgery

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  Suite 20
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Andrew Douglas Kersten, MD

Specialties: Orthopaedics and Orthopaedic Surgery, Sports Medicine
Medical School: Indiana University
Residency: William Beaumont Hospital
Area: Orthopaedic Surgery
Fellowship: University of California, San Diego
Area: Sports and Shoulder Surgery
Certification: Orthopaedic Surgery-Orthopaedic Sports Medicine

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Timothy S. Parrish, PA-C

Specialties: Orthopaedics and Orthopaedic Surgery, Sports Medicine
Physician Assistant: Wake Forest University
Certification: Physician Assistant

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Orthopaedics and Orthopaedic Surgery (cont.)

Jonathan R. Swinger, PA-C

**Specialties:** Orthopaedics and Orthopaedic Surgery, Sports Medicine  
**Physician Assistant:** Alderson-Broaddus College  
**Certification:** Physician Assistant  

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Orthopaedics and Orthopaedic Surgery - Foot and Ankle Orthopaedics

Matthew Massey, MD

**Specialty:** Orthopaedics and Orthopaedic Surgery  
**Subspecialties:** Orthopaedics and Orthopaedic Surgery - Foot and Ankle Orthopaedics, Orthopaedics and Orthopaedic Surgery - Orthopaedic Surgery  
**Medical School:** University of Mississippi Medical Center  
**Residency:** Medical University of South Carolina  
**Area:** Orthopaedic Surgery  
**Fellowship:** The Steadman Clinic, Vail  
**Area:** Knee/Sports Medicine  
**Fellowship:** The Steadman Clinic, Vail  
**Area:** Foot and Ankle  
**Certification:** Orthopaedic Surgery  

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## Orthopaedics and Orthopaedic Surgery - Hand Orthopaedics

### Samuel (Sam) Abrams, MD

**Specialty:** Orthopaedics and Orthopaedic Surgery  
**Subspecialty:** Orthopaedics and Orthopaedic Surgery - Hand Orthopaedics  
**Medical School:** Indiana University  
**Residency:** University of Wisconsin Hospital and Clinics  
**Area:** Orthopedic Surgery  
**Honors:** POSNA Best Poster 2016 Annual Meeting, OREF Resident Research Project Grant, 2015 University of Wisconsin Department of Orthopedic Surgery Resident Research Award  
**Fellowship:** Indiana Hand to Shoulder Center, Indianapolis-Northside  
**Area:** Hand and Upper Extremity Surgery  
**Certification:** Orthopaedic Surgery

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## Orthopaedics and Orthopaedic Surgery - Orthopaedic Surgery

### Amal Kumar Das Jr., MD

**Specialty:** Orthopaedics and Orthopaedic Surgery  
**Subspecialty:** Orthopaedics and Orthopaedic Surgery - Orthopaedic Surgery  
**Medical School:** Indiana University  
**Internship:** University of Tennessee at Chattanooga  
**Area:** Orthopaedic Surgery  
**Residency:** University of Tennessee at Chattanooga  
**Area:** Orthopaedic Surgery  
**Fellowship:** Joint Implant Surgeons  
**Area:** Hip and Knee Replacement  
**Certification:** Orthopaedic Surgery

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**Ralph Christian Estes, MD**

**Specialty:** Orthopaedics and Orthopaedic Surgery  
**Subspecialty:** Orthopaedics and Orthopaedic Surgery - Orthopaedic Surgery  
**Medical School:** University of Texas Health Science Center at San Antonio  
**Certification:** Orthopaedic Surgery

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Gregory S. Lavigne, MD

Specialty: Orthopaedics and Orthopaedic Surgery
Subspecialty: Orthopaedics and Orthopaedic Surgery - Orthopaedic Surgery
Medical School: Albany Medical College
Internship: Allegheny General Hospital
Area: General Surgery
Residency: Allegheny General Hospital
Area: Orthopaedic Surgery
Fellowship: Allegheny General Hospital
Area: Adult Reconstruction
Certification: Orthopaedic Surgery

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Matthew Massey, MD

**Specialty:** Orthopaedics and Orthopaedic Surgery

**Subspecialties:** Orthopaedics and Orthopaedic Surgery - Foot and Ankle Orthopaedics, Orthopaedics and Orthopaedic Surgery - Orthopaedic Surgery

**Medical School:** University of Mississippi Medical Center

**Residency:** Medical University of South Carolina

**Area:** Orthopaedic Surgery

**Fellowship:** The Steadman Clinic, Vail

**Area:** Knee/Sports Medicine

**Fellowship:** The Steadman Clinic, Vail

**Area:** Foot and Ankle

**Certification:** Orthopaedic Surgery

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## Keith Melvin Maxwell, MD

**Specialty:** Orthopaedics and Orthopaedic Surgery  
**Subspecialties:** Orthopaedics and Orthopaedic Surgery - Orthopaedic Surgery, Orthopaedics and Orthopaedic Surgery - Spine Orthopaedics  
**Medical School:** Oral Roberts University  
**Certification:** Orthopaedic Surgery

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## Gregory S. Motley, MD

**Specialty:** Orthopaedics and Orthopaedic Surgery  
**Subspecialty:** Orthopaedics and Orthopaedic Surgery - Orthopaedic Surgery  
**Medical School:** University of Kentucky  
**Internship:** Duke University Medical Center  
**Area:** General Surgery  
**Residency:** Duke University Medical Center  
**Area:** Orthopaedic Surgery  
**Fellowship:** Baylor University  
**Area:** Arthritic and Arthroscopy Surgery  
**Certifications:** Orthopaedic Surgery, Orthopaedic Surgery-Orthopaedic Sports Medicine

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## Sukhbir S. Guram, MD

**Specialty:** Orthopaedics and Orthopaedic Surgery  
**Subspecialty:** Orthopaedics and Orthopaedic Surgery - Spine Orthopaedics  
**Medical School:** University of South Carolina  
**Area:** Orthopedic Surgery  
**Residency:** University of South Carolina  
**Area:** Orthopedic Surgery  
**Fellowship:** Boston Spine Care Group  
**Certification:** Orthopaedic Surgery

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Orthopaedics and Orthopaedic Surgery - Spine Orthopaedics (cont.)

Keith Melvin Maxwell, MD

**Specialty:** Orthopaedics and Orthopaedic Surgery  
**Subspecialties:** Orthopaedics and Orthopaedic Surgery - Orthopaedic Surgery, Orthopaedics and Orthopaedic Surgery - Spine Orthopaedics  
**Medical School:** Oral Roberts University  
**Certification:** Orthopaedic Surgery

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Physical Medicine and Rehabilitation

Andrew Rudins, MD

**Specialties:** Physical Medicine and Rehabilitation, Sports Medicine  
**Special Interests:** Treatment of non-surgical orthopaedic and neuromuscular problems, including ankle sprains, knee arthritis, rotator cuff problems, tennis elbow, carpal tunnel syndrome, and neck and back pain; muscle, nerve, tendon and ligament injuries; running injuries  
**Medical School:** University of Virginia  
**Residency:** Mayo Clinic  
**Area:** Physical Medicine and Rehabilitation  
**Fellowship:** University of Hawaii at Manoa  
**Area:** Sports Medicine  
**Certifications:** Physical Medicine and Rehabilitation, Electrodiagnostic Medicine

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Sports Medicine

Mark C. Claar, PA-C

Specialties: Orthopaedics and Orthopaedic Surgery, Sports Medicine
Physician Assistant: East Carolina University
Certification: Physician Assistant

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Ashley Imgrund-Flora, PA-C

Specialties: Orthopaedics and Orthopaedic Surgery, Sports Medicine
Special Interests: Concussions
Master of Science: Shenandoah University
Area: Athletic Training
Honors: Iota Tau Alpha
Certification: Physician Assistant

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Richard Brian Jones, MD

**Specialties:** Orthopaedics and Orthopaedic Surgery, Sports Medicine

**Medical School:** East Carolina University

**Internship:** East Carolina University  
**Area:** Orthopaedic Surgery

**Residency:** University of Tennessee Health Science Center, Memphis  
**Area:** Orthopaedic Surgery

**Fellowship:** Cleveland Clinic Foundation  
**Area:** Sports Medicine

**Certification:** Orthopaedic Surgery

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**Medical School:** Indiana University

**Residency:** William Beaumont Hospital

**Area:** Orthopaedic Surgery

**Fellowship:** University of California, San Diego

**Area:** Sports and Shoulder Surgery

**Certification:** Orthopaedic Surgery-Orthopaedic Sports Medicine

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Timothy S. Parrish, PA-C

**Specialties:** Orthopaedics and Orthopaedic Surgery, Sports Medicine

**Physician Assistant:** Wake Forest University

**Certification:** Physician Assistant

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Sports Medicine (cont.)

Andrew Rudins, MD

**Specialties:** Physical Medicine and Rehabilitation, Sports Medicine

**Special Interests:** Treatment of non-surgical orthopaedic and neuromuscular problems, including ankle sprains, knee arthritis, rotator cuff problems, tennis elbow, carpel tunnel syndrome, and neck and back pain; muscle, nerve, tendon and ligament injuries; running injuries

**Medical School:** University of Virginia

**Residency:** Mayo Clinic
**Area:** Physical Medicine and Rehabilitation

**Fellowship:** University of Hawaii at Manoa
**Area:** Sports Medicine

**Certifications:** Physical Medicine and Rehabilitation, Electrodiagnostic Medicine

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**Certification:** Physician Assistant

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