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</tbody>
</table>
Esteban Granwel, PA-C

Specialty: Emergency Medicine
Physician Assistant: Wake Forest University

Pardee Hospital Emergency Department
800 N. Justice St.
First Floor
Hendersonville, NC  28791

Phone: (828) 696-4270
Fax: (828) 696-4276
Website: www.pardeehospital.org/care-treatment/emergency-medicine

Southeastern Sports Medicine and Orthopedics, a Department of Pardee Hospital (Arden)
2775 Hendersonville Road
Arden, NC  28704

Phone: (828) 209-0925
Fax: (828) 209-0888
Website: www.southeasternsportsmedicine.com
Orthopaedics and Orthopaedic Surgery

Richard Cardillo, PA

Specialty: Orthopaedics and Orthopaedic Surgery  
Medical School: A.T. Still University, Missouri  
Bachelor of Science: University of North Carolina at Charlotte  
Area: Exercise Science

Southeastern Sports Medicine and Orthopedics, a Department of Pardee Hospital (Arden)  
2775 Hendersonville Road  
Arden, NC 28704  
Phone: (828) 209-0925  
Fax: (828) 209-0888  
Website: www.southeasternsportsmedicine.com

Southeastern Sports Medicine and Orthopedics, a Department of Pardee Hospital (Asheville)  
21 Turtle Creek Drive  
Asheville, NC 28803  
Phone: (828) 274-4555  
Fax: (828) 274-8348  
Website: www.southeasternsportsmedicine.com

For additional locations, please visit findadoc.unchealthcare.org.

Mark C. Claar, PA-C

Specialties: Orthopaedics and Orthopaedic Surgery, Sports Medicine  
Physician Assistant: East Carolina University  
Certification: Physician Assistant

Southeastern Sports Medicine and Orthopedics, a Department of Pardee Hospital (Hendersonville-Asheville Highway)  
2315 Asheville Highway  
Suite 20  
Hendersonville, NC 28791  
Phone: (828) 692-4356  
Fax: (828) 697-0148  
Website: www.southeasternsportsmedicine.com
| Ashley Imgrund-Flora, PA-C | Southeastern Sports Medicine and Orthopedics, a Department of Pardee Hospital (Arden)  
2775 Hendersonville Road  
Arden, NC 28704  
Phone: (828) 209-0925  
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For additional locations, please visit [findadoc.unchealthcare.org](http://findadoc.unchealthcare.org). |
|---|---|
| **Specialties:** Orthopaedics and Orthopaedic Surgery, Sports Medicine  
**Special Interests:** Concussions  
**Master of Science:** Shenandoah University  
**Area:** Athletic Training  
**Honors:** Iota Tau Alpha  
**Certification:** Physician Assistant |
Richard Brian Jones, MD

**Specialties:** Orthopaedics and Orthopaedic Surgery, Sports Medicine

**Medical School:** East Carolina University

**Internship:** East Carolina University

**Area:** Orthopaedic Surgery

**Residency:** University of Tennessee Health Science Center, Memphis

**Area:** Orthopaedic Surgery

**Fellowship:** Cleveland Clinic Foundation

**Area:** Sports Medicine

**Certification:** Orthopaedic Surgery

**Southeastern Sports Medicine and Orthopedics,**
a Department of Pardee Hospital (Asheville)
21 Turtle Creek Drive
Asheville, NC 28803

**Phone:** (828) 274-4555

**Fax:** (828) 274-8348

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www.southeasternsportsmedicine.com

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a Department of Pardee Hospital (Hendersonville-Asheville Highway)
2315 Asheville Highway
Suite 20
Hendersonville, NC 28791

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**Fax:** (828) 697-0148

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# Orthopaedics and Orthopaedic Surgery (cont.)

## Andrew Douglas Kersten, MD

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21 Turtle Creek Drive
Asheville, NC 28803

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Zachary Liebman, PA-C

**Specialty:** Orthopaedics and Orthopaedic Surgery  
**Physician Assistant:** Miami Dade College, Medical Campus  

Southeastern Sports Medicine and Orthopedics, a Department of Pardee Hospital (Arden)  
2775 Hendersonville Road  
Arden, NC 28704  
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---

Timothy S. Parrish, PA-C

**Specialties:** Orthopaedics and Orthopaedic Surgery, Sports Medicine  
**Physician Assistant:** Wake Forest University  
**Certification:** Physician Assistant  

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# Orthopaedics and Orthopaedic Surgery (cont.)

## Jonathan R. Swinger, PA-C

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21 Turtle Creek Drive
Asheville, NC 28803

Phone: (828) 274-4555  
Fax: (828) 274-8348  
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--

# Orthopaedics and Orthopaedic Surgery - Foot and Ankle Orthopaedics

## Matthew Massey, MD

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</table>
| Residency: | Medical University of South Carolina  
Area: Orthopaedic Surgery |
| Fellowship: | The Steadman Clinic, Vail  
Area: Knee/Sports Medicine |
| Fellowship: | The Steadman Clinic, Vail  
Area: Foot and Ankle |
| Certification: | Orthopaedic Surgery |

Southeastern Sports Medicine and Orthopedics, a Department of Pardee Hospital (Arden)
2775 Hendersonville Road
Arden, NC 28704

Phone: (828) 209-0925  
Fax: (828) 209-0888  
Website: www.southeasternsportsmedicine.com

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21 Turtle Creek Drive
Asheville, NC 28803

Phone: (828) 274-4555  
Fax: (828) 274-8348  
Website: www.southeasternsportsmedicine.com

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Samuel (Sam) Abrams, MD

**Specialty:** Orthopaedics and Orthopaedic Surgery  
**Subspecialty:** Orthopaedics and Orthopaedic Surgery - Hand Orthopaedics  
**Medical School:** Indiana University  
**Residency:** University of Wisconsin Hospital and Clinics  
**Area:** Orthopedic Surgery  
**Honors:** POSNA Best Poster 2016 Annual Meeting, OREF Resident Research Project Grant, 2015 University of Wisconsin Department of Orthopedic Surgery Resident Research Award  
**Fellowship:** Indiana Hand to Shoulder Center, Indianapolis-Northside  
**Area:** Hand and Upper Extremity Surgery  
**Certification:** Orthopaedic Surgery

Southeastern Sports Medicine and Orthopedics, a Department of Pardee Hospital (Arden)  
2775 Hendersonville Road  
Arden, NC 28704  
**Phone:** (828) 209-0925  
**Fax:** (828) 209-0888  
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**Website:** www.southeasternsportsmedicine.com

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Amal Kumar Das Jr., MD

**Specialty:** Orthopaedics and Orthopaedic Surgery  
**Subspecialty:** Orthopaedics and Orthopaedic Surgery - Orthopaedic Surgery  
**Medical School:** Indiana University  
**Internship:** University of Tennessee at Chattanooga  
**Area:** Orthopaedic Surgery  
**Residency:** University of Tennessee at Chattanooga  
**Area:** Orthopaedic Surgery  
**Fellowship:** Joint Implant Surgeons  
**Area:** Hip and Knee Replacement  
**Certification:** Orthopaedic Surgery

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2315 Asheville Highway  
Suite 20  
Hendersonville, NC 28791  
**Phone:** (828) 692-4356  
**Fax:** (828) 697-0148  
**Website:** www.southeasternsportsmedicine.com
Ralph Christian Estes, MD

**Specialty:** Orthopaedics and Orthopaedic Surgery  
**Subspecialty:** Orthopaedics and Orthopaedic Surgery - Orthopaedic Surgery  
**Medical School:** University of Texas Health Science Center at San Antonio  
**Certification:** Orthopaedic Surgery

**Southeastern Sports Medicine and Orthopedics, a Department of Pardee Hospital (Asheville)**  
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Asheville, NC 28803  
**Phone:** (828) 274-4555  
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**Fax:** (828) 697-0148  
**Website:** www.southeasternsportsmedicine.com

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Gregory S. Lavigne, MD

**Specialty:** Orthopaedics and Orthopaedic Surgery  
**Subspecialty:** Orthopaedics and Orthopaedic Surgery - Orthopaedic Surgery  
**Medical School:** Albany Medical College  
**Internship:** Allegheny General Hospital  
  **Area:** General Surgery  
**Residency:** Allegheny General Hospital  
  **Area:** Orthopaedic Surgery  
**Fellowship:** Allegheny General Hospital  
  **Area:** Adult Reconstruction  
**Certification:** Orthopaedic Surgery  

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21 Turtle Creek Drive  
Asheville, NC 28803  
**Phone:** (828) 274-4555  
**Fax:** (828) 274-8348  
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**Website:**  
www.southeasternsportsmedicine.com  

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Matthew Massey, MD

Specialty: Orthopaedics and Orthopaedic Surgery
Subspecialties: Orthopaedics and Orthopaedic Surgery - Foot and Ankle Orthopaedics, Orthopaedics and Orthopaedic Surgery - Orthopaedic Surgery
Medical School: University of Mississippi Medical Center
Residency: Medical University of South Carolina
Area: Orthopaedic Surgery
Fellowship: The Steadman Clinic, Vail
Area: Knee/Sports Medicine
Fellowship: The Steadman Clinic, Vail
Area: Foot and Ankle
Certification: Orthopaedic Surgery

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2775 Hendersonville Road
Arden, NC 28704
Phone: (828) 209-0925
Fax: (828) 209-0888
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21 Turtle Creek Drive
Asheville, NC 28803
Phone: (828) 274-4555
Fax: (828) 274-8348
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<tr>
<th>Keith Melvin Maxwell, MD</th>
<th>Southeastern Sports Medicine and Orthopedics, a Department of Pardee Hospital (Asheville) 21 Turtle Creek Drive Asheville, NC 28803 Phone: (828) 274-4555 Fax: (828) 274-8348 Website: <a href="http://www.southeasternsportsmedicine.com">www.southeasternsportsmedicine.com</a></th>
<th>Southeastern Sports Medicine and Orthopedics, a Department of Pardee Hospital (Hendersonville-Asheville Highway) 2315 Asheville Highway Suite 20 Hendersonville, NC 28791 Phone: (828) 692-4356 Fax: (828) 697-0148 Website: <a href="http://www.southeasternsportsmedicine.com">www.southeasternsportsmedicine.com</a></th>
<th>For additional locations, please visit findadoc.unchealthcare.org.</th>
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<td><strong>Specialty:</strong> Orthopaedics and Orthopaedic Surgery - Orthopaedic Surgery - Spine Orthopaedics</td>
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<td><strong>Certification:</strong> Orthopaedic Surgery</td>
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<td><strong>Medical School:</strong> Oral Roberts University</td>
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<td><strong>Internship:</strong> Duke University Medical Center Area: General Surgery</td>
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<td><strong>Fellowship:</strong> Baylor University Area: Arthritic and Arthroscopy Surgery</td>
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<td><strong>Fellowship:</strong> Baylor University Area: Arthritic and Arthroscopy Surgery</td>
<td><strong>Certifications:</strong> Orthopaedic Surgery, Orthopaedic Surgery-Orthopaedic Sports Medicine</td>
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</table>
Sukhbir S. Guram, MD

**Specialty:** Orthopaedics and Orthopaedic Surgery

**Subspecialty:** Orthopaedics and Orthopaedic Surgery - Spine Orthopaedics

**Medical School:** University of South Carolina

**Area:** Orthopedic Surgery

**Residency:** University of South Carolina

**Area:** Orthopedic Surgery

**Fellowship:** Boston Spine Care Group

**Certification:** Orthopaedic Surgery

Southeastern Sports Medicine and Orthopedics, a Department of Pardee Hospital (Arden)
2775 Hendersonville Road
Arden, NC  28704

**Phone:** (828) 209-0925
**Fax:** (828) 209-0888

**Website:** www.southeasternsportsmedicine.com

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**Fax:** (828) 274-8348

**Website:** www.southeasternsportsmedicine.com

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Orthopaedics and Orthopaedic Surgery - Spine Orthopaedics (cont.)

Keith Melvin Maxwell, MD

**Specialty:** Orthopaedics and Orthopaedic Surgery  
**Subspecialties:** Orthopaedics and Orthopaedic Surgery - Orthopaedic Surgery, Orthopaedics and Orthopaedic Surgery - Spine Orthopaedics  
**Medical School:** Oral Roberts University  
**Certification:** Orthopaedic Surgery

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Hendersonville, NC 28791  
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**Fax:** (828) 697-0148  
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Andrew Rudins, MD

**Specialties:** Physical Medicine and Rehabilitation, Sports Medicine  
**Special Interests:** Treatment of non-surgical orthopaedic and neuromuscular problems, including ankle sprains, knee arthritis, rotator cuff problems, tennis elbow, carpal tunnel syndrome, and neck and back pain; muscle, nerve, tendon and ligament injuries; running injuries  
**Medical School:** University of Virginia  
**Residency:** Mayo Clinic  
**Area:** Physical Medicine and Rehabilitation  
**Fellowship:** University of Hawaii at Manoa  
**Area:** Sports Medicine  
**Certifications:** Physical Medicine and Rehabilitation, Electrodiagnostic Medicine

Southeastern Sports Medicine and Orthopedics, a Department of Pardee Hospital (Asheville)  
21 Turtle Creek Drive  
Asheville, NC 28803  
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**Website:** www.southeasternsportsmedicine.com
### Sports Medicine

<table>
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<tr>
<th>Name</th>
<th>Specialties</th>
<th>Physician Assistant</th>
<th>Certification</th>
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<th>Phone</th>
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<th>Website</th>
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<tbody>
<tr>
<td>Mark C. Claar, PA-C</td>
<td>Orthopaedics and Orthopaedic Surgery, Sports Medicine</td>
<td>East Carolina University</td>
<td>Physician Assistant</td>
<td>Southeastern Sports Medicine and Orthopedics, a Department of Pardee Hospital (Hendersonville-Asheville Highway) 2315 Asheville Highway Suite 20 Hendersonville, NC 28791</td>
<td>(828) 692-4356</td>
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<td><a href="http://www.southeasternsportsmedicine.com">www.southeasternsportsmedicine.com</a></td>
</tr>
<tr>
<td>Ashley Imgrund-Flora, PA-C</td>
<td>Orthopaedics and Orthopaedic Surgery, Sports Medicine</td>
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<td><a href="http://www.southeasternsportsmedicine.com">www.southeasternsportsmedicine.com</a></td>
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<td>Special Interests: Concussions</td>
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<td>Southeastern Sports Medicine and Orthopedics, a Department of Pardee Hospital (Asheville) 21 Turtle Creek Drive Asheville, NC 28803</td>
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<td>(828) 274-8348</td>
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Richard Brian Jones, MD

Specialties: Orthopaedics and Orthopaedic Surgery, Sports Medicine

Medical School: East Carolina University

Internship: East Carolina University

Residency: University of Tennessee Health Science Center, Memphis

Area: Orthopaedic Surgery

Fellowship: Cleveland Clinic Foundation

Area: Sports Medicine

Certification: Orthopaedic Surgery

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Website: www.southeasternsportsmedicine.com

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Andrew Douglas Kersten, MD

**Specialties:** Orthopaedics and Orthopaedic Surgery, Sports Medicine

**Medical School:** Indiana University

**Residency:** William Beaumont Hospital

**Area:** Orthopaedic Surgery

**Fellowship:** University of California, San Diego

**Area:** Sports and Shoulder Surgery

**Certification:** Orthopaedic Surgery-Orthopaedic Sports Medicine

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Asheville, NC 28803

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Timothy S. Parrish, PA-C

**Specialties:** Orthopaedics and Orthopaedic Surgery, Sports Medicine

**Physician Assistant:** Wake Forest University

**Certification:** Physician Assistant

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**Special Interests:** Treatment of non-surgical orthopaedic and neuromuscular problems, including ankle sprains, knee arthritis, rotator cuff problems, tennis elbow, carpel tunnel syndrome, and neck and back pain; muscle, nerve, tendon and ligament injuries; running injuries

**Medical School:** University of Virginia

**Residency:** Mayo Clinic

**Area:** Physical Medicine and Rehabilitation

**Fellowship:** University of Hawaii at Manoa

**Area:** Sports Medicine

**Certifications:** Physical Medicine and Rehabilitation, Electrodiagnostic Medicine

---

## Jonathan R. Swinger, PA-C

**Specialties:** Orthopaedics and Orthopaedic Surgery, Sports Medicine

**Physician Assistant:** Alderson-Broaddus College

**Certification:** Physician Assistant

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**Southeastern Sports Medicine and Orthopedics, a Department of Pardee Hospital (Asheville)**

- **Address:** 21 Turtle Creek Drive, Asheville, NC 28803
- **Phone:** (828) 274-4555
- **Fax:** (828) 274-8348
- **Website:** www.southeasternsportsmedicine.com
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