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Family Medicine

Amanda Peoples Foster, FNP-C

**Specialties:** Family Medicine, Primary Care  
**Special Interests:** Preventive health, diabetes, hypertension, and hyperlipidemia management  
**Bachelor of Science:** University of North Carolina at Chapel Hill  
**Area:** Nursing  
**Master of Science:** University of North Carolina at Wilmington  
**Area:** Family Nurse Practitioner  
**Certification:** Nursing-Family Nurse Practitioner  

UNC Internal Medicine at Goldsboro  
2400 Wayne Memorial Drive  
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Geriatric Medicine

Sakeitha Crowder, MD

**Specialties:** Geriatric Medicine, Internal Medicine, Primary Care  
**Medical School:** Wake Forest University  
**Residency:** Wake Forest University Baptist Medical Center  
**Area:** Internal Medicine  
**Fellowship:** Wake Forest University Baptist Medical Center  
**Area:** Geriatric Medicine  
**Certifications:** Internal Medicine, Internal Medicine-Geriatric Medicine  

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Internal Medicine

Sakeitha Crowder, MD

**Specialties**: Geriatric Medicine, Internal Medicine, Primary Care

**Medical School**: Wake Forest University

**Residency**: Wake Forest University Baptist Medical Center
  **Area**: Internal Medicine

**Fellowship**: Wake Forest University Baptist Medical Center
  **Area**: Geriatric Medicine

**Certifications**: Internal Medicine, Internal Medicine-Geriatric Medicine

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Jamie Ham, NP-C

**Specialties**: Internal Medicine, Primary Care

**Bachelor of Science**: East Carolina University
  **Area**: Nursing

**Master of Science**: University of North Carolina at Wilmington
  **Area**: Nurse Practitioner

**Certification**: Nursing-Nurse Practitioner

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Thaddeus West III, MD

**Specialties**: Internal Medicine, Primary Care

**Special Interests**: Preventative Medicine

**Medical School**: East Carolina University
  **Area**: Medicine

**Honors**: Brody Scholar and Huffman Award

**Residency**: Pitt County Memorial Hospital
  **Area**: Internal Medicine

**Honors**: Intern of the year

**Residency**: Pitt County Memorial Hospital
  **Area**: OB/GYN

**Certification**: Internal Medicine

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Nancy Sinko, MPH, RDN, LDN, CHES, IBCLC

Specialties: Nutrition, Pediatric Nutrition
Special Interests: Dietetics, lactation, health education
Internship: Meredith College
Area: Nutrition
Bachelor of Science: University of North Carolina at Greensboro
Area: Human Nutrition and Dietetics
Master of Public Health: University of North Carolina at Greensboro
Area: Public Health Education
Certification: Lactation Consulting

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Website:
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For additional locations, please visit findadoc.unchealthcare.org.
**Pediatric Nutrition**

**Nancy Sinko, MPH, RDN, LDN, CHES, IBCLC**

**Specialties:** Nutrition, Pediatric Nutrition  
**Special Interests:** Dietetics, lactation, health education  
**Internship:** Meredith College  
**Area:** Nutrition  
**Bachelor of Science:** University of North Carolina at Greensboro  
**Area:** Human Nutrition and Dietetics  
**Master of Public Health:** University of North Carolina at Greensboro  
**Area:** Public Health Education  
**Certification:** Lactation Consulting

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**Primary Care**

**Sakeitha Crowder, MD**

**Specialties:** Geriatric Medicine, Internal Medicine, Primary Care  
**Medical School:** Wake Forest University  
**Residency:** Wake Forest University Baptist Medical Center  
**Area:** Internal Medicine  
**Fellowship:** Wake Forest University Baptist Medical Center  
**Area:** Geriatric Medicine  
**Certifications:** Internal Medicine, Internal Medicine-Geriatric Medicine

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Jamie Ham, NP-C

**Specialties:** Internal Medicine, Primary Care  
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**Area:** Nurse Practitioner  
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