# Table of Contents

All information contained in this document is the property of UNC Health Care.

- Family Medicine .......................................................... 2
- Internal Medicine .......................................................... 3
- Nutrition ................................................................ 6
- Obstetrics and Gynecology ........................................... 7
  - General Gynecology ................................................ 7
- Primary Care ................................................................. 8
- Index .......................................................................... 13
# Family Medicine

## Ley Imboden Barnett, MD
- **Specialties:** Family Medicine, Primary Care
- **Special Interests:** Preventive care
- **Medical School:** East Carolina University
- **Residency:** Medical Centers of Delaware
  - **Area:** Family Medicine
- **Certification:** Family Medicine

**Boylan Healthcare (North Hills)**
- 3900 Browning Place
- Suite 101
- Raleigh, NC 27609
- **Fax:** (919) 781-3572
- **Website:**

## Robin Calhoun Burnette, MD
- **Specialties:** Family Medicine, Internal Medicine, Primary Care
- **Special Interests:** Geriatrics and pharmacotherapy
- **Medical School:** University of North Carolina at Chapel Hill
- **Chief Residency:** Duke University Medical Center
- **Doctorate:** University of North Carolina at Chapel Hill
  - **Area:** Pharmacy
- **Certification:** Family Medicine

**Boylan Healthcare (Health Park)**
- 8300 Health Park
- Suite 320
- Raleigh, NC 27615
- **Fax:** (919) 977-4669
- **Website:**
  - [www.uncpn.com/pn/practices-locations/boylan-health-park](http://www.uncpn.com/pn/practices-locations/boylan-health-park)

## Don Lee Zust Jr., DO
- **Specialties:** Family Medicine, Primary Care
- **Special Interests:** Musculoskeletal/joint issues
- **Medical School:** Lake Erie College of Osteopathic Medicine
- **Residency:** Malcolm Grow Medical Clinics and Surgery Center
- **Certification:** Family Medicine

**Boylan Healthcare (Health Park)**
- 8300 Health Park
- Suite 320
- Raleigh, NC 27615
- **Fax:** (919) 977-4669
- **Website:**
  - [www.uncpn.com/pn/practices-locations/boylan-health-park](http://www.uncpn.com/pn/practices-locations/boylan-health-park)
<table>
<thead>
<tr>
<th>Name</th>
<th>Specialties</th>
<th>Special Interests</th>
<th>Medical School</th>
<th>Residency</th>
<th>Bachelor of Science</th>
<th>Area</th>
<th>Certification</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gregory C. Appert, MD</td>
<td>Internal Medicine, Primary Care</td>
<td>Diabetes, hypertension, metabolic syndrome and preventive medicine.</td>
<td>East Carolina University</td>
<td>Virginia Commonwealth University Medical Center</td>
<td>North Carolina State University</td>
<td>Biology</td>
<td>Internal Medicine</td>
<td>Boylan Healthcare (North Hills) 3900 Browning Place Suite 101 Raleigh, NC 27609 Fax: (919) 781-3572 Website: <a href="http://www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills">www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills</a></td>
</tr>
<tr>
<td>Kimberly A. Bastide, PA-C</td>
<td>Internal Medicine, Primary Care</td>
<td>Management of acute and chronic illness</td>
<td>Duquesne University</td>
<td>University of Miami</td>
<td>University of Florida Health Shands Hospital</td>
<td>Pharmacy</td>
<td>Physician Assistant</td>
<td>Boylan Healthcare (North Hills) 3900 Browning Place Suite 101 Raleigh, NC 27609 Fax: (919) 781-3572 Website: <a href="http://www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills">www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills</a></td>
</tr>
<tr>
<td>Allison M. Borja, MD, PharmD</td>
<td>Internal Medicine, Primary Care</td>
<td>Medication management</td>
<td>University of Miami</td>
<td>Jackson Memorial Hospital</td>
<td>Samford University</td>
<td>Pharmacy</td>
<td>Internal Medicine</td>
<td>Boylan Healthcare (Health Park) 8300 Health Park Suite 320 Raleigh, NC 27615 Fax: (919) 977-4669 Website: <a href="http://www.uncpn.com/pn/practices-locations/boylan-health-park">www.uncpn.com/pn/practices-locations/boylan-health-park</a></td>
</tr>
</tbody>
</table>
Robin Calhoun Burnette, MD

Specialties: Family Medicine, Internal Medicine, Primary Care
Special Interests: Geriatrics and pharmacotherapy
Medical School: University of North Carolina at Chapel Hill
Chief Residency: Duke University Medical Center
Doctorate: University of North Carolina at Chapel Hill
Area: Pharmacy
Certification: Family Medicine

Boylan Healthcare (Health Park)
8300 Health Park
Suite 320
Raleigh, NC 27615
Fax: (919) 977-4669
Website: www.uncpn.com/pn/practices-locations/boylan-health-park

Joshua E. Garriga, MD

Specialties: Internal Medicine, Primary Care
Special Interests: Care of chronic illnesses
Medical School: University of Texas Medical Branch at Galveston
Chief Residency: Baystate Medical Center
Certification: Internal Medicine

Boylan Healthcare (North Hills)
3900 Browning Place
Suite 101
Raleigh, NC 27609
Fax: (919) 781-3572
Website: www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills

Charley Worley Lane, PA-C

Specialties: Internal Medicine, Primary Care
Special Interests: Managing acute and chronic medical conditions.
Physician Assistant: Methodist University
Certification: Physician Assistant

Boylan Healthcare (North Hills)
3900 Browning Place
Suite 101
Raleigh, NC 27609
Fax: (919) 781-3572
Website: www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills
<table>
<thead>
<tr>
<th>Name</th>
<th>Specialties</th>
<th>Special Interests</th>
<th>Medical School</th>
<th>Residency</th>
<th>Area</th>
<th>Certification</th>
<th>Location</th>
</tr>
</thead>
<tbody>
<tr>
<td>Howard W. Newell Jr., MD, FACP</td>
<td><strong>Specialties:</strong> Internal Medicine, Primary Care</td>
<td><strong>Special Interests:</strong> Diabetes, hypertension, hyperlipidemia, wound care and vascular disease.</td>
<td><strong>Medical School:</strong> University of North Carolina at Chapel Hill</td>
<td><strong>Residency:</strong> Wake Forest University Baptist Medical Center</td>
<td><strong>Area:</strong> Internal Medicine</td>
<td><strong>Certification:</strong> Internal Medicine</td>
<td><strong>Boylan Healthcare (North Hills)</strong> 3900 Browning Place Suite 101 Raleigh, NC 27609 <strong>Fax:</strong> (919) 781-3572 <strong>Website:</strong> <a href="http://www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills">www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills</a></td>
</tr>
<tr>
<td>Richard (Clay) Noble, MD</td>
<td><strong>Specialties:</strong> Internal Medicine, Primary Care</td>
<td><strong>Special Interests:</strong> Preventive medicine, chronic disease management</td>
<td><strong>Medical School:</strong> University of North Carolina at Chapel Hill</td>
<td><strong>Residency:</strong> Virginia Commonwealth University</td>
<td><strong>Area:</strong> Internal Medicine</td>
<td><strong>Certification:</strong> Internal Medicine</td>
<td><strong>Boylan Healthcare (North Hills)</strong> 3900 Browning Place Suite 101 Raleigh, NC 27609 <strong>Fax:</strong> (919) 781-3572 <strong>Website:</strong> <a href="http://www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills">www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills</a></td>
</tr>
<tr>
<td>Kelly King Redden, DO</td>
<td><strong>Specialties:</strong> Internal Medicine, Primary Care</td>
<td><strong>Special Interests:</strong> Preventive health, comprehensive physical examinations, Bio Identical Hormone optimization, weight loss management</td>
<td><strong>Medical School:</strong> West Virginia School of Osteopathic Medicine</td>
<td><strong>Residency and Chief Residency:</strong> Wake Forest University Baptist Medical Center</td>
<td><strong>Area:</strong> Internal Medicine</td>
<td><strong>Certification:</strong> Internal Medicine</td>
<td><strong>Boylan Healthcare (Health Park)</strong> 8300 Health Park Suite 320 Raleigh, NC 27615 <strong>Fax:</strong> (919) 977-4669 <strong>Website:</strong> <a href="http://www.uncpn.com/pn/practices-locations/boylan-health-park">www.uncpn.com/pn/practices-locations/boylan-health-park</a></td>
</tr>
</tbody>
</table>
## Internal Medicine (cont.)

### Blythe Ward Swaim, PA-C

**Specialties:** Internal Medicine, Primary Care  
**Special Interests:** Cardiology, women's health, orthopaedics, dermatology  
**Physician Assistant:** Methodist College  
**Certification:** Physician Assistant  

**Boylan Healthcare (North Hills)**  
3900 Browning Place  
Suite 101  
Raleigh, NC 27609  
**Fax:** (919) 781-3572  
**Website:**  
www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills

### Teresa N. Terezis, MD

**Specialties:** Internal Medicine, Primary Care  
**Medical School:** University of Cincinnati  
**Certification:** Internal Medicine  

**Boylan Healthcare (North Hills)**  
3900 Browning Place  
Suite 101  
Raleigh, NC 27609  
**Fax:** (919) 781-3572  
**Website:**  
www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills

## Nutrition

### Mindy McCullough, MS, RD, LDN

**Specialty:** Nutrition  
**Special Interests:** Diabetes management, chronic kidney disease and weight management  
**Internship:** Virginia State University  
**Area:** Dietetics  
**Bachelor of Science:** University of Pittsburgh  
**Area:** Clinical Dietetics  
**Master of Science:** East Carolina University  
**Area:** Nutrition  
**Certification:** Registered Dietitian  

**Boylan Healthcare (North Hills)**  
3900 Browning Place  
Suite 101  
Raleigh, NC 27609  
**Fax:** (919) 781-3572  
**Website:**  
www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills
Barbara Soysal, MS, RD, LDN

**Specialty:** Nutrition

**Special Interests:** Weight management, diabetes prevention/management and heart health

**Internship:** East Carolina University  
**Area:** Dietetics

**Bachelor of Science:** James Madison University  
**Area:** Dietetics

**Master of Science:** East Carolina University  
**Area:** Nutrition

**Certification:** Registered Dietitian

Boylan Healthcare (North Hills)  
3900 Browning Place  
Suite 101  
Raleigh, NC 27609

**Fax:** (919) 781-3572

**Website:**  
www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills

Boylan Healthcare (Health Park)  
8300 Health Park  
Suite 320  
Raleigh, NC 27615

**Fax:** (919) 977-4669  
**Website:**  
www.uncpn.com/pn/practices-locations/boylan-health-park

---

Obstetrics and Gynecology - General Gynecology

Tracy Lathrop, MD, FACOG

**Specialty:** Obstetrics and Gynecology

**Subspecialty:** Obstetrics and Gynecology - General Gynecology

**Medical School:** University at Buffalo

**Residency:** George Washington University  
**Area:** Gynecology

**Certification:** Obstetrics and Gynecology

Boylan Healthcare (North Hills)  
3900 Browning Place  
Suite 101  
Raleigh, NC 27609

**Fax:** (919) 781-3572

**Website:**  
www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills

Boylan Healthcare (Health Park)  
8300 Health Park  
Suite 320  
Raleigh, NC 27615

**Fax:** (919) 977-4669  
**Website:**  
www.uncpn.com/pn/practices-locations/boylan-health-park
### Obstetrics and Gynecology - General Gynecology (cont.)

**Polly Jansen Watson, MD**

- **Specialty:** Obstetrics and Gynecology
- **Subspecialty:** Obstetrics and Gynecology - General Gynecology
- **Special Interests:** Menopause, sexual dysfunction, vulvovaginal disease, HPV
- **Medical School:** Medical College of Georgia
- **Residency:** Mercy Hospital, Chicago
- **Certification:** Obstetrics and Gynecology

**Boylan Healthcare (Health Park)**
8300 Health Park
Suite 320
Raleigh, NC 27615

**Fax:** (919) 977-4669
**Website:** [www.uncpn.com/pn/practices-locations/boylan-health-park](http://www.uncpn.com/pn/practices-locations/boylan-health-park)

---

### Primary Care

**Gregory C. Appert, MD**

- **Specialties:** Internal Medicine, Primary Care
- **Special Interests:** Diabetes, hypertension, metabolic syndrome and preventive medicine.
- **Medical School:** East Carolina University
- **Residency:** Virginia Commonwealth University Medical Center
- **Bachelor of Science:** North Carolina State University
  **Area:** Biology
- **Certification:** Internal Medicine

**Boylan Healthcare (North Hills)**
3900 Browning Place
Suite 101
Raleigh, NC 27609

**Fax:** (919) 781-3572
**Website:** [www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills](http://www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills)

---

**Ley Imboden Barnett, MD**

- **Specialties:** Family Medicine, Primary Care
- **Special Interests:** Preventive care
- **Medical School:** East Carolina University
- **Residency:** Medical Centers of Delaware
  **Area:** Family Medicine
- **Certification:** Family Medicine

**Boylan Healthcare (North Hills)**
3900 Browning Place
Suite 101
Raleigh, NC 27609

**Fax:** (919) 781-3572
**Website:** [www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills](http://www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills)
Kimberly A. Bastide, PA-C

**Specialties:** Internal Medicine, Primary Care

**Special Interests:** Management of acute and chronic illness

**Physician Assistant:** Duquesne University

**Certification:** Physician Assistant

Boylan Healthcare (North Hills)
3900 Browning Place
Suite 101
Raleigh, NC 27609

Fax: (919) 781-3572

Website:
www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills

Allison M. Borja, MD, PharmD

**Specialties:** Internal Medicine, Primary Care

**Special Interests:** Medication management

**Medical School:** University of Miami

**Residency:** Jackson Memorial Hospital

**Residency:** University of Florida Health Shands Hospital

**Doctorate:** Samford University

**Area:** Pharmacy

**Certification:** Internal Medicine

Boylan Healthcare (Health Park)
8300 Health Park
Suite 320
Raleigh, NC 27615

Fax: (919) 977-4669

Website:
www.uncpn.com/pn/practices-locations/boylan-health-park

Robin Calhoun Burnette, MD

**Specialties:** Family Medicine, Internal Medicine, Primary Care

**Special Interests:** Geriatrics and pharmacotherapy

**Medical School:** University of North Carolina at Chapel Hill

**Chief Residency:** Duke University Medical Center

**Doctorate:** University of North Carolina at Chapel Hill

**Area:** Pharmacy

**Certification:** Family Medicine

Boylan Healthcare (Health Park)
8300 Health Park
Suite 320
Raleigh, NC 27615

Fax: (919) 977-4669

Website:
www.uncpn.com/pn/practices-locations/boylan-health-park
Joshua E. Garriga, MD

Specialties: Internal Medicine, Primary Care  
Special Interests: Care of chronic illnesses  
Medical School: University of Texas Medical Branch at Galveston  
Chief Residency: Baystate Medical Center  
Certification: Internal Medicine

Boylan Healthcare (North Hills)  
3900 Browning Place 
Suite 101  
Raleigh, NC 27609  
Fax: (919) 781-3572  
Website: www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills

Charley Worley Lane, PA-C

Specialties: Internal Medicine, Primary Care  
Special Interests: Managing acute and chronic medical conditions.  
Physician Assistant: Methodist University  
Certification: Physician Assistant

Boylan Healthcare (North Hills)  
3900 Browning Place 
Suite 101  
Raleigh, NC 27609  
Fax: (919) 781-3572  
Website: www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills

Howard W. Newell Jr., MD, FACP

Specialties: Internal Medicine, Primary Care  
Special Interests: Diabetes, hypertension, hyperlipidemia, wound care and vascular disease.  
Medical School: University of North Carolina at Chapel Hill  
Residency: Wake Forest University Baptist Medical Center  
Certification: Internal Medicine

Boylan Healthcare (North Hills)  
3900 Browning Place 
Suite 101  
Raleigh, NC 27609  
Fax: (919) 781-3572  
Website: www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills
Richard (Clay) Noble, MD

**Specialties:** Internal Medicine, Primary Care  
**Special Interests:** Preventive medicine, chronic disease management  
**Medical School:** University of North Carolina at Chapel Hill  
**Residency:** Virginia Commonwealth University  
**Bachelor of Science:** University of North Carolina at Chapel Hill  
**Area:** Chemistry  
**Certification:** Internal Medicine  

Boylan Healthcare (North Hills)  
3900 Browning Place  
Suite 101  
Raleigh, NC 27609  
**Fax:** (919) 781-3572  
**Website:** www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills

Kelly King Redden, DO

**Specialties:** Internal Medicine, Primary Care  
**Special Interests:** Preventive health, comprehensive physical examinations, Bio Identical Hormone optimization, weight loss management  
**Medical School:** West Virginia School of Osteopathic Medicine  
**Honors:** Sigma Sigma Phi  
**Residency and Chief Residency:** Wake Forest University Baptist Medical Center  
**Area:** Internal Medicine  
**Certification:** Internal Medicine  

Boylan Healthcare (Health Park)  
8300 Health Park  
Suite 320  
Raleigh, NC 27615  
**Fax:** (919) 977-4669  
**Website:** www.uncpn.com/pn/practices-locations/boylan-health-park

Blythe Ward Swaim, PA-C

**Specialties:** Internal Medicine, Primary Care  
**Special Interests:** Cardiology, women's health, orthopaedics, dermatology  
**Physician Assistant:** Methodist College  
**Certification:** Physician Assistant  

Boylan Healthcare (North Hills)  
3900 Browning Place  
Suite 101  
Raleigh, NC 27609  
**Fax:** (919) 781-3572  
**Website:** www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills
Primary Care (cont.)

Teresa N. Terezis, MD

Specialties: Internal Medicine, Primary Care
Medical School: University of Cincinnati
Certification: Internal Medicine

Boylan Healthcare (North Hills)
3900 Browning Place
Suite 101
Raleigh, NC 27609
Fax: (919) 781-3572
Website: www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills

Don Lee Zust Jr., DO

Specialties: Family Medicine, Primary Care
Special Interests: Musculoskeletal/joint issues
Medical School: Lake Erie College of Osteopathic Medicine
Residency: Malcolm Grow Medical Clinics and Surgery Center
Certification: Family Medicine

Boylan Healthcare (Health Park)
8300 Health Park
Suite 320
Raleigh, NC 27615
Fax: (919) 977-4669
Website: www.uncpn.com/pn/practices-locations/boylan-health-park
Index

A
Gregory C. Appert, MD .......................... 3, 8

B
Ley Imboden Barnett, MD ....................... 2, 8
Kimberly A. Bastide, PA-C .................... 3, 9
Allison M. Borja, MD, PharmD .................. 3, 9
Robin Calhoun Burnette, MD .................. 2, 4, 9

G
Joshua E. Garriga, MD .......................... 4, 10

L
Charley Worley Lane, PA-C .................... 4, 10
Tracy Lathrop, MD, FACOG .................... 7

M
Mindy McCullough, MS, RD, LDN ............... 6

N
Howard W. Newell Jr., MD, FACP ............. 5, 10
Richard (Clay) Noble, MD ..................... 5, 11

R
Kelly King Redden, DO .......................... 5, 11

S
Barbara Soysal, MS, RD, LDN .................. 7
Blythe Ward Swaim, PA-C ....................... 6, 11

T
Teresa N. Terezis, MD ............................. 6, 12

W
Polly Jansen Watson, MD ....................... 8

Z
Don Lee Zust Jr., DO .............................. 2, 12