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Ley Imboden Barnett, MD

Specialties: Family Medicine, Primary Care
Special Interests: Preventive care
Medical School: East Carolina University
Residency: Medical Centers of Delaware
Area: Family Medicine
Certification: Family Medicine

Boylan Healthcare (North Hills)
3900 Browning Place
Suite 101
Raleigh, NC 27609
Fax: (919) 781-3572
Website: www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills

Robin Calhoun Burnette, MD

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Boylan Healthcare (Health Park)
8300 Health Park
Suite 320
Raleigh, NC 27615
Fax: (919) 977-4669
Website: www.uncpn.com/pn/practices-locations/boylan-health-park
Family Medicine (cont.)

Don Lee Zust Jr., DO

Specialties: Family Medicine, Primary Care
Special Interests: Musculoskeletal/joint issues
Medical School: Lake Erie College of Osteopathic Medicine
Residency: Malcolm Grow Medical Clinics and Surgery Center
Certification: Family Medicine

Boylan Healthcare (Health Park)
8300 Health Park
Suite 320
Raleigh, NC 27615
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Internal Medicine

Gregory C. Appert, MD

Specialties: Internal Medicine, Primary Care
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Medical School: East Carolina University
Residency: Virginia Commonwealth University Medical Center
Bachelor of Science: North Carolina State University
Area: Biology
Certification: Internal Medicine

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3900 Browning Place
Suite 101
Raleigh, NC 27609
Fax: (919) 781-3572
Website: www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills

Kimberly A. Bastide, PA-C

Specialties: Internal Medicine, Primary Care
Special Interests: Management of acute and chronic illness
Physician Assistant: Duquesne University
Certification: Physician Assistant

Boylan Healthcare (North Hills)
3900 Browning Place
Suite 101
Raleigh, NC 27609
Fax: (919) 781-3572
Website: www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills
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<td>Internal Medicine, Primary Care</td>
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<td>Jackson Memorial Hospital</td>
<td>University of Florida Health Shands Hospital</td>
<td>Samford University</td>
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<td>8300 Health Park 320 Raleigh, NC 27615</td>
<td>(919) 977-4669</td>
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<tr>
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<td>Internal Medicine, Primary Care</td>
<td>Care of chronic illnesses</td>
<td>University of Texas Medical Branch at Galveston</td>
<td>Baystate Medical Center</td>
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<td>Internal Medicine</td>
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<tr>
<td>Charley Worley Lane, PA-C</td>
<td>Internal Medicine, Primary Care</td>
<td>Managing acute and chronic medical conditions.</td>
<td>Methodist University</td>
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<td></td>
<td></td>
<td></td>
<td>Physician Assistant</td>
<td>3900 Browning Place 101 Raleigh, NC 27609</td>
<td>(919) 781-3572</td>
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</table>
Meredith Linger, PA-C

**Specialties:** Internal Medicine, Primary Care  
**Special Interests:** Preventive care, chronic disease management - hypertension, diabetes, hyperlipidemia  
**Bachelor of Science:** University of North Carolina at Chapel Hill  
**Area:** Biology  
**Honors:** Graduated with Distinction  
**Physician Assistant:** East Carolina University  
**Certification:** Physician Assistant  

Boylan Healthcare (North Hills)  
3900 Browning Place  
Suite 101  
Raleigh, NC 27609  
**Fax:** (919) 781-3572  
**Website:**  
www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills

Howard W. Newell Jr., MD, FACP

**Specialties:** Internal Medicine, Primary Care  
**Special Interests:** Diabetes, hypertension, hyperlipidemia, wound care and vascular disease.  
**Medical School:** University of North Carolina at Chapel Hill  
**Residency:** Wake Forest University Baptist Medical Center  
**Certification:** Internal Medicine  

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3900 Browning Place  
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Raleigh, NC 27609  
**Fax:** (919) 781-3572  
**Website:**  
www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills
Richard (Clay) Noble, MD

**Specialties:** Internal Medicine, Primary Care  
**Special Interests:** Preventive medicine, chronic disease management  
**Medical School:** University of North Carolina at Chapel Hill  
**Residency:** Virginia Commonwealth University  
**Bachelor of Science:** University of North Carolina at Chapel Hill  
**Certification:** Internal Medicine

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**Fax:** (919) 781-3572  
**Website:**  
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Kelly King Redden, DO

**Specialties:** Internal Medicine, Primary Care  
**Special Interests:** Preventive health, comprehensive physical examinations, Bio Identical Hormone optimization, weight loss management  
**Medical School:** West Virginia School of Osteopathic Medicine  
**Honors:** Sigma Sigma Phi  
**Residency and Chief Residency:** Wake Forest University Baptist Medical Center  
**Area:** Internal Medicine  
**Certification:** Internal Medicine

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3900 Browning Place  
Suite 101  
Raleigh, NC 27609  
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8300 Health Park  
Suite 320  
Raleigh, NC 27615  
**Fax:** (919) 977-4669  
**Website:**  
http://www.uncpn.com/pn/practices-locations/boylan-health-park
Internal Medicine (cont.)

Blythe Ward Swaim, PA-C

**Specialties:** Internal Medicine, Primary Care
**Special Interests:** Cardiology, women's health, orthopaedics, dermatology
**Physician Assistant:** Methodist College
**Certification:** Physician Assistant

Boylan Healthcare (Health Park)
8300 Health Park
Suite 320
Raleigh, NC 27615
**Fax:** (919) 977-4669
**Website:**
www.uncpn.com/pn/practices-locations/boylan-health-park

Teresa N. Terezis, MD

**Specialties:** Internal Medicine, Primary Care
**Medical School:** University of Cincinnati
**Certification:** Internal Medicine

Boylan Healthcare (North Hills)
3900 Browning Place
Suite 101
Raleigh, NC 27609
**Fax:** (919) 781-3572
**Website:**
www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills

Nutrition

Mindy McCullough, MS, RD, LDN

**Specialty:** Nutrition
**Special Interests:** Diabetes management, chronic kidney disease and weight management
**Internship:** Virginia State University
**Area:** Dietetics
**Bachelor of Science:** University of Pittsburgh
**Area:** Clinical Dietetics
**Master of Science:** East Carolina University
**Area:** Nutrition
**Certification:** Registered Dietitian

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3900 Browning Place
Suite 101
Raleigh, NC 27609
**Fax:** (919) 781-3572
**Website:**
www.uncpn.com/pn/practices-locations/boylan-healthcare-north-hills
Barbara Soysal, MS, RD, LDN

**Specialty:** Nutrition

**Special Interests:** Weight management, diabetes prevention/management and heart health

**Internship:** East Carolina University  
**Area:** Dietetics

**Bachelor of Science:** James Madison University  
**Area:** Dietetics

**Master of Science:** East Carolina University  
**Area:** Nutrition

**Certification:** Registered Dietitian

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Obstetrics and Gynecology - General Gynecology

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Tracy Lathrop, MD, FACOG

**Specialty:** Obstetrics and Gynecology

**Subspecialty:** Obstetrics and Gynecology - General Gynecology

**Medical School:** University at Buffalo

**Residency:** George Washington University  
**Area:** Gynecology

**Certification:** Obstetrics and Gynecology

Boylan Healthcare (Health Park)  
8300 Health Park  
Suite 320  
Raleigh, NC 27615

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**Certification:** Internal Medicine

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Primary Care (cont.)

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**Medical School:** University of Miami  
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**Area:** Pharmacy  
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Area: Chemistry
Certification: Internal Medicine

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