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Practice: Carolina Partners in Mental Healthcare, PLLC
Friday, March 22, 2019
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Child and Adolescent Psychiatry and Psychology

Michael M. Goulding, LCSW

**Specialties:** Child and Adolescent Psychiatry and Psychology, Psychiatry and Psychology

**Special Interests:** Stress management, conflict resolution, child and adolescent therapy, obsessive compulsive disorder (OCD), social anxiety, life coaching and conduct disorder

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**Certification:** Social Work

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Psychiatry and Psychology

Elizabeth A. Bruce, PMHNP-C

**Specialty:** Psychiatry and Psychology

**Special Interests:** Adult psychiatric mental health nursing

**Master of Science:** Kent State University

**Certification:** Nursing

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Robin Cassidy, NP

**Specialty:** Psychiatry and Psychology

**Special Interests:** General psychiatry, depression, anxiety and bipolar disorder

**Master of Science:** University of North Carolina at Charlotte

**Area:** Nursing

**Certification:** Nursing

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**Specialty:** Psychiatry and Psychology  
**Doctor of Philosophy:** University of North Carolina at Chapel Hill  
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Karla L. de Beck, MD

**Specialty:** Psychiatry and Psychology  
**Special Interests:** Adult psychiatry, medication management and forensic evaluations  
**Medical School:** University of North Carolina at Chapel Hill  
**Residency:** University of North Carolina at Chapel Hill  
**Area:** Psychiatry  
**Fellowship:** Tulane University  
**Area:** Forensic Psychiatry  
**Certifications:** Forensic Psychiatry, Psychiatry and Neurology  
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**Website:** www.carolinapartners.com

Tara M. Escalante, LCSW

**Specialty:** Psychiatry and Psychology  
**Special Interests:** Dialectical behavioral therapy (DBT), life coaching, personality disorders, self-harm and serious and persistent mental illness (SPMI)  
**Master of Social Work:** Fordham University  
**Certification:** Social Work  
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### Ashley Finch, LCSW

**Specialty:** Psychiatry and Psychology  
**Master of Social Work:** North Carolina State University  
**Certification:** Social Work  

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### Michael M. Goulding, LCSW

**Specialties:** Child and Adolescent Psychiatry and Psychology, Psychiatry and Psychology  
**Special Interests:** Stress management, conflict resolution, child and adolescent therapy, obsessive compulsive disorder (OCD), social anxiety, life coaching and conduct disorder  
**Master of Social Work:** State University of New York  
**Certification:** Social Work  

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### Maria S. Karandikar, ANP-C

**Specialty:** Psychiatry and Psychology  
**Special Interests:** Neuropsychiatric follow ups and treatment of patients with Alzheimer's, dementia and sleep disorders  
**Master of Science:** University of North Carolina at Greensboro  
**Certification:** Nursing-Nurse Practitioner  

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## Paula M. Leif, PMHNP-C

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120 Capcom Ave.
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## Randy Marsh, LCAS

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<td>Doctor of Philosophy:</td>
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## James G. (Gray) McAllister III, MD

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Holly R. Metcalf, LPC

**Specialty:** Psychiatry and Psychology  
**Internship:** Marshall I. Pickens Psychiatric Hospital  
**Master of Education:** Clemson University  
**Area:** Clinical Mental Health Counseling  
**Certification:** Psychology-Counseling Psychology

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Jeffrey S. Miller, LCSW

**Specialty:** Psychiatry and Psychology  
**Special Interests:** Child Therapy, marriage/family counseling, school interaction issues and loss/grief therapy  
**Master of Education:** Millersville University  
**Master of Social Work:** Temple University  
**Certification:** Social Work

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Yvonne L. Monroe, MD

**Specialty:** Psychiatry and Psychology  
**Medical School:** University of North Carolina at Chapel Hill  
**Residency:** University of North Carolina at Chapel Hill  
**Certification:** Psychiatry and Neurology

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John Morgan, PMHNP

Specialty: Psychiatry and Psychology
Certification: Nursing-Psychiatric Mental Health Nurse

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Dorothy Muccio, LCSW

Specialty: Psychiatry and Psychology
Special Interests: Post-traumatic stress disorder (PTSD), trauma treatments including sensorimotor psychotherapy, eye movement desensitization and reprocessing (EMDR), hakomi body centered psychotherapy and cognitive behavioral therapy (CBT)
Master of Social Work: Fordham University
Certification: Social Work

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Donna Parrish, LCSW

Specialty: Psychiatry and Psychology
Master of Social Work: University of North Carolina at Chapel Hill
Certification: Social Work

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Website: www.carolinapartners.com
### Deborah A. Payne, MD

**Specialty:** Psychiatry and Psychology  
**Special Interests:** Family issues, autism, trauma and developmental disabilities  
**Medical School:** Wright State University  
**Residency:** Wright State University  
**Fellowship:** Louisiana State University Medical Center  

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### Anne W. Ruminjo, MD

**Specialty:** Psychiatry and Psychology  
**Special Interests:** Postpartum depression, pregnancy mental health care, women's health and bariatric evaluations  
**Medical School:** University of North Carolina at Chapel Hill  
**Internship and Residency:** Beth Israel Medical Center  
**Area:** Psychiatry  
**Fellowship:** Georgetown University Hospital  
**Area:** Psychosomatic Medicine  
**Certifications:** Psychiatry and Neurology, Psychiatry and Neurology-Psychosomatic Medicine

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### Llewlee L. (Louis) Sawyer, PhD

**Specialty:** Psychiatry and Psychology  
**Special Interests:** Lesbian gay bi-sexual transgender questioning (LGBTQ) affirmative therapy, family counseling, mindfulness and psychological testing  
**Doctor of Philosophy:** North Carolina State University  

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Allison B. Simpson, LCSW
**Specialty:** Psychiatry and Psychology

**Special Interests:** Anxiety disorders, depression, trauma, attention deficit hyperactivity disorder (ADHD), cognitive behavioral therapy, health coaching and life coaching

**Master of Social Work:** Howard University

**Certification:** Social Work

---

James A. Smith III, MD
*Adjunct Instructor, Department of Psychiatry*

**Specialty:** Psychiatry and Psychology

**Special Interests:** General psychiatry and addiction medicine

**Medical School:** Howard University

**Internship:** Harlem Hospital Center

**Area:** Medicine/Psychiatry

**Residency:** Walter Reed Army Medical Center

**Area:** Psychiatry

**Certification:** Psychiatry and Neurology

---

Jenny G. Smith, MD

**Specialty:** Psychiatry and Psychology

**Special Interests:** Psycho-pharmacology for bipolar disorder, depression, anxiety and psychosis

**Medical School:** Eastern Virginia Medical School

**Residency:** University of North Carolina at Chapel Hill

**Certification:** Psychiatry and Neurology
Psychiatry and Psychology (cont.)

Jenny R. Tart, LPC

**Specialty:** Psychiatry and Psychology  
**Special Interests:** Adults and adolescents mental health counseling  
**Master of Arts:** Pepperdine University  
**Area:** Clinical Psychology  
**Certification:** Psychology-Counseling Psychology

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Crystal L. Tillman, PMHNP

**Specialty:** Psychiatry and Psychology  
**Special Interests:** Post-traumatic stress disorder (PTSD), anxiety, depression and substance abuse  
**Doctorate:** Duke University  
**Master of Science:** Duke University  
**Area:** Nursing  
**Certifications:** Nursing, Nursing-Pediatric Nurse Practitioner

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Sandeep Vaishnavi, MD

**Specialty:** Psychiatry and Psychology  
**Special Interests:** Neuropsychiatric testing, attention deficit hyperactivity disorder (ADHD) and brain trauma related disorders  
**Medical School:** University of Alabama  
**Residency:** Duke University Hospital  
**Fellowship:** Johns Hopkins University  
**Certification:** Psychiatry and Neurology

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<table>
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<th>Medical School</th>
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<tbody>
<tr>
<td>Varsha S. Vora, MD</td>
<td>Psychiatry and Psychology</td>
<td>General psychiatry and medication management</td>
<td>Government Medical College, Surat</td>
<td>New York Methodist Hospital</td>
<td>Bronx-Lebanon Hospital Center</td>
<td>New York University Medical Center</td>
<td>Psychiatry and Neurology, Psychiatry and Neurology-Child and Adolescent Psychiatry</td>
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<td>Matthew Wolf, LCSW</td>
<td>Psychiatry and Psychology</td>
<td>Substance abuse, co-occurring disorders, marital/family therapy and obsessive compulsive disorder (OCD)</td>
<td>University of North Carolina at Chapel Hill</td>
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<tr>
<td>Bonni M. Angelilli, FNP-C</td>
<td>Psychiatry and Psychology</td>
<td>Medication management, substance abuse, geriatric psychiatry and schizophrenia</td>
<td>South University</td>
<td></td>
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</tbody>
</table>

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**Special Interests:** Medication management for substance abuse, oppositional defiant disorder (ODD), post-traumatic stress disorder (PTSD) and schizophrenia  
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**Certification:** Nursing  

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**Specialty:** Psychiatry and Psychology  
**Subspecialties:** Psychiatry and Psychology - Alcohol and Substance Abuse, Psychiatry and Psychology - Mood and Anxiety Disorders  
**Special Interests:** Depression, anxiety, addictions and recovery from abuse  
**Master of Social Work:** University of North Carolina at Chapel Hill  
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David W. Fulford, PAC

**Specialty:** Psychiatry and Psychology  
**Subspecialty:** Psychiatry and Psychology - Alcohol and Substance Abuse  
**Special Interests:** Medication management for attention deficit hyperactivity disorder (ADHD), substance abuse, oppositional defiant disorder (ODD) and sleep disorder  
**Physician Assistant:** Pennsylvania State University  
**Certification:** Physician Assistant  

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Julie Killion, LPC

**Specialty:** Psychiatry and Psychology

**Subspecialties:** Psychiatry and Psychology - Alcohol and Substance Abuse, Psychiatry and Psychology - Eating Disorders

**Special Interests:** Substance abuse, eating disorders, postpartum depression, stress/anger management coaching and couples counseling

**Master of Arts:** University of North Carolina at Charlotte  
**Area:** Clinical Mental Health Counseling

**Certification:** Psychology-Counseling Psychology

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Cara A. Lutzow, PMHNP-C

**Specialty:** Psychiatry and Psychology

**Subspecialty:** Psychiatry and Psychology - Alcohol and Substance Abuse

**Special Interests:** Medication management for substance abuse, self-harm, sexual disorder and personality disorders

**Master of Science:** University of Alabama  
**Area:** Nursing

**Certifications:** Nursing-Family Nurse Practitioner, Nursing-Psychiatric Mental Health Nurse

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Jacqueline L. (Louise) Newton, LCSW

**Specialty:** Psychiatry and Psychology

**Subspecialty:** Psychiatry and Psychology - Alcohol and Substance Abuse

**Special Interests:** Individual and group therapy for substance abuse and addiction recovery, post-traumatic stress disorder (PTSD), trauma recovery, anger management, lesbian gay bi-sexual transgender questioning (LGBTQ) and adult mental health treatment

**Master of Social Work:** University of North Carolina at Chapel Hill

**Certification:** Social Work

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**Website:** www.carolinapartners.com
Sherri Pietropaolo, LCSW

**Specialty:** Psychiatry and Psychology  
**Subspecialties:** Psychiatry and Psychology - Alcohol and Substance Abuse, Psychiatry and Psychology - Mood and Anxiety Disorders  
**Special Interests:** Mindfulness-based cognitive behavioral therapy (CBT), anxiety, depression and substance abuse  
**Master of Social Work:** Colorado State University  
**Certification:** Social Work  

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Jennifer L. Schiappa, LCSW

**Specialty:** Psychiatry and Psychology  
**Subspecialty:** Psychiatry and Psychology - Alcohol and Substance Abuse  
**Special Interests:** Cognitive behavioral therapy, marriage/family counseling, anger management and substance abuse  
**Master of Social Work:** Simmons College  
**Certification:** Social Work  

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Psychiatry and Psychology - Eating Disorders

Julie Killion, LPC

**Specialty:** Psychiatry and Psychology  
**Subspecialties:** Psychiatry and Psychology - Alcohol and Substance Abuse, Psychiatry and Psychology - Eating Disorders  
**Special Interests:** Substance abuse, eating disorders, postpartum depression, stress/anger management coaching and couples counseling  
**Master of Arts:** University of North Carolina at Charlotte  
**Area:** Clinical Mental Health Counseling  
**Certification:** Psychology-Counseling Psychology  

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Melanie S. Reynolds, LCSW

**Specialty:** Psychiatry and Psychology  
**Subspecialty:** Psychiatry and Psychology - Eating Disorders  
**Special Interests:** Dialectical behavioral therapy, counseling for self-harm issues and eating disorders  
**Master of Social Work:** University of North Carolina at Charlotte  
**Certification:** Social Work  

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Kelly Crenshaw, NP-C

**Specialty:** Psychiatry and Psychology  
**Subspecialties:** Psychiatry and Psychology - Geriatric Psychiatry and Psychology, Psychiatry and Psychology - Mood and Anxiety Disorders  
**Special Interests:** Depression, anxiety and geriatric mental health care  
**Master of Science:** University of North Carolina at Wilmington  
**Certification:** Nursing-Nurse Practitioner  

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Phyllis Armstead, MD

**Specialty:** Psychiatry and Psychology  
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**Medical School:** Hahnemann University  
**Internship:** Einstein Medical Center  
**Fellowship:** Medical College of Pennsylvania  
**Certification:** Psychiatry and Neurology  

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### Psychiatry and Psychology - Mood and Anxiety Disorders (cont.)

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<tr>
<td><strong>Kelly Crenshaw, NP-C</strong></td>
<td><strong>Specialty:</strong> Psychiatry and Psychology</td>
<td><strong>Subspecialties:</strong> Psychiatry and Psychology - Geriatric Psychiatry and Psychology, Psychiatry and Psychology - Mood and Anxiety Disorders</td>
<td><strong>Special Interests:</strong> Depression, anxiety and geriatric mental health care</td>
<td><strong>Master of Science:</strong> University of North Carolina at Wilmington</td>
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<tr>
<td><strong>Jennifer J. (Jill) Duvall, LCSW</strong></td>
<td><strong>Specialty:</strong> Psychiatry and Psychology</td>
<td><strong>Subspecialties:</strong> Psychiatry and Psychology - Alcohol and Substance Abuse, Psychiatry and Psychology - Mood and Anxiety Disorders</td>
<td><strong>Special Interests:</strong> Depression, anxiety, addictions and recovery from abuse</td>
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<td><strong>Certification:</strong> Social Work</td>
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</tbody>
</table>
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**Area:** Psychology  
**Master of Science:** University of North Carolina at Charlotte  
### Maureen K. Gomeringer, LCSW

**Specialty:** Psychiatry and Psychology  
**Subspecialty:** Psychiatry and Psychology - Mood and Anxiety Disorders  
**Special Interests:** Attention deficit hyperactivity disorder (ADHD), oppositional defiant disorder (ODD), post-traumatic stress disorder (PTSD), parenting skills and mood disorders  
**Master of Social Work:** University of North Carolina at Chapel Hill  
**Certification:** Social Work  

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### Meredith L. Hailey, LCSW

**Specialty:** Psychiatry and Psychology  
**Subspecialty:** Psychiatry and Psychology - Mood and Anxiety Disorders  
**Special Interests:** Obsessive compulsive disorder (OCD), postpartum depression, anxiety and anger management  
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### Gregory Helton, MD

**Specialty:** Psychiatry and Psychology  
**Subspecialty:** Psychiatry and Psychology - Mood and Anxiety Disorders  
**Special Interests:** Medication management for substance abuse, mood/psychotic disorders, anxiety and depression  
**Medical School:** East Tennessee State University  
**Residency:** UNC Hospitals  
**Certification:** Psychiatry and Neurology  

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### Psychiatry and Psychology - Mood and Anxiety Disorders (cont.)

#### Theresa B. Keiser, FNP-C

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<tr>
<td>Special Interests: Medication management for mood disorders, depression and anxiety</td>
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<tr>
<td>Master of Science: St. John Fisher College</td>
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<td>Certification: Nursing</td>
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#### Michael B. Marcinowski, LPC

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<td>Subspecialty: Psychiatry and Psychology - Mood and Anxiety Disorders</td>
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<tr>
<td>Special Interests: Depression, anxiety, bullying, adjustment disorder and bipolar disorder</td>
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**Area:** Clinical Mental Health Counseling |
| Certification: Psychology-Counseling Psychology |

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#### Denise T. Nelson, PAC

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<td>Special Interests: Medication management for depression, anxiety and women's health</td>
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<td>Certification: Physician Assistant</td>
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## Psychiatry and Psychology - Mood and Anxiety Disorders (cont.)

### Amparo Penny, LPC

**Specialty:** Psychiatry and Psychology  
**Subspecialty:** Psychiatry and Psychology - Mood and Anxiety Disorders  
**Special Interests:** Dialectical behavior therapy (DBT), depression, bipolar disorder, borderline personality disorder, lesbian gay bi-sexual transgender questioning (LGBTQ) issues and anxiety disorders  
**Master of Arts:** North Carolina Central University  
**Area:** Counseling  
**Certification:** Psychology-Counseling Psychology  

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### Sherri Pietropaolo, LCSW

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**Special Interests:** Mindfulness-based cognitive behavioral therapy (CBT), anxiety, depression and substance abuse  
**Master of Social Work:** Colorado State University  
**Certification:** Social Work  

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### Audrey D. Rice, ANP-C

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**Subspecialty:** Psychiatry and Psychology - Mood and Anxiety Disorders  
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**Master of Science:** East Carolina University  
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Psychiatry and Psychology - Mood and Anxiety Disorders (cont.)

Andrea Taylor, MD

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**Subspecialty:** Psychiatry and Psychology - Mood and Anxiety Disorders  
**Special Interests:** General psychiatry, depression, bipolar, anxiety and schizophrenia  
**Medical School:** Medical College of Wisconsin  
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Candace S. Werder, PhD

**Specialty:** Psychiatry and Psychology  
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**Doctor of Philosophy:** Syracuse University

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