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## Obstetrics and Gynecology

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<th>Practice Address</th>
<th>Phone</th>
<th>Fax</th>
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</thead>
</table>
| **Lauren Anderson, CNM** | Obstetrics and Gynecology | Frontier Nursing University | Nursing-Nurse Midwifery | Nursing-Nurse Midwifery | Triangle Physicians for Women, PA  
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| **Kathryn (Katie) Calvillo, CNM** | Obstetrics and Gynecology | Columbia University | Nursing-Nurse Midwifery | Nursing-Nurse Midwifery | Triangle Physicians for Women, PA  
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| **Sara Dowd, CNM** | Obstetrics and Gynecology | Winston-Salem State University | Nursing-Nurse Midwifery | Nursing-Nurse Midwifery | Triangle Physicians for Women, PA  
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Obstetrics and Gynecology (cont.)

Heather Helton, CNM

**Specialty:** Obstetrics and Gynecology

**Special Interests:** Non-pharmacological therapies, deep-relaxation labor techniques, postpartum depression and teen pregnancy

**Master of Science:** East Carolina University

**Area:** Nursing-Nurse Midwifery

**Certification:** Nursing-Nurse Midwifery

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April Horner, CNM

**Specialty:** Obstetrics and Gynecology

**Master of Science:** Frontier Nursing University

**Area:** Nursing-Nurse Midwifery

**Certification:** Nursing-Nurse Midwifery

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Jessica Ramirez-Trower, CNM

**Specialty:** Obstetrics and Gynecology

**Master of Science:** University of Miami

**Area:** Nursing-Nurse Midwifery

**Certification:** Nursing-Nurse Midwifery

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### Obstetrics and Gynecology (cont.)

#### Ronald G. Rogers, MD
- **Specialty:** Obstetrics and Gynecology
- **Medical School:** University of North Carolina at Chapel Hill
- **Residency:** University of Alabama at Birmingham
  - **Area:** Surgery
- **Residency:** University of North Carolina at Chapel Hill
  - **Area:** Obstetrics and Gynecology
- **Certification:** Obstetrics and Gynecology
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#### Vijay Sheshadri, MD
- **Specialty:** Obstetrics and Gynecology
- **Medical School:** Medical College of Ohio
- **Internship and Residency:** University of Louisville
  - **Area:** Obstetrics and Gynecology
- **Certification:** Obstetrics and Gynecology
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#### Mary Sutphin, CNM
- **Specialty:** Obstetrics and Gynecology
- **Master of Science:** Columbia University
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- **Certification:** Nursing-Nurse Midwifery
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  - **Website:** www.tp4w.com
Spyro P. Vulgaropulos, MD

**Specialty:** Obstetrics and Gynecology  
**Subspecialty:** Obstetrics and Gynecology - Minimally Invasive Gynecologic Surgery  
**Procedures and Research:** Laparoscopic and hysteroscopic techniques and surgical gynecology  
**Special Interests:** Normal and high-risk obstetrics, office gynecology, menopause management, chronic pelvic pain, endometriosis and bladder dysfunction  
**Medical School:** University of North Carolina at Chapel Hill  
**Honors:** Member, Alpha Omega Alpha  
**Residency:** UNC Hospitals  
**Area:** Obstetrics and Gynecology  
**Certification:** Obstetrics and Gynecology

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Gerald G. Mulvaney, MD

**Specialty:** Obstetrics and Gynecology  
**Subspecialty:** Obstetrics and Gynecology - Reproductive Endocrinology and Infertility  
**Procedures and Research:** In vitro fertilization, as well as reproductive surgical procedures such as tubal anastomosis  
**Special Interests:** Perfecting infertility techniques including assisted reproductive technologies  
**Medical School:** Boston University  
**Residency:** NYC Health + Hospitals/Kings County  
**Area:** Obstetrics and Gynecology  
**Certification:** Obstetrics and Gynecology

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<tr>
<td><strong>Subspecialty:</strong> Obstetrics and Gynecology - Urogynecology and Reconstructive Pelvic Surgery</td>
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<tr>
<td><strong>Procedures and Research:</strong> Pelvic reconstructive surgery, hysteroscopy</td>
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<td><strong>Special Interests:</strong> Pediatric and adolescent gynecology, menopausal management, gynecologic oncology, urinary incontinence and normal and high-risk obstetrics</td>
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<td><strong>Medical School:</strong> University of North Carolina at Chapel Hill</td>
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<td><strong>Residency:</strong> University of Colorado</td>
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