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Rachid Idrissi, MD

Specialties: Pain Management, Physical Medicine and Rehabilitation

Medical School: Mohammed V University
Internship: Flushing Hospital Medical Center
Residency: University of Louisville
Area: Physical Medicine and Rehabilitation
Fellowship: Emory University Hospital
Area: Physical Medicine and Rehabilitation
Certification: Physical Medicine and Rehabilitation

Advanced Spine and Pain Center
204 Medspring Drive
Suite 100
Clayton, NC 27520
Phone: (919) 359-8643
Fax: (919) 359-8689
Website: www.advancedspinepaincenter.com

Perico N. Arcedo III, DO

Specialty: Physical Medicine and Rehabilitation

Medical School: Nova Southeastern University
Residency: Baylor College of Medicine
Area: Physical Medicine and Rehabilitation
Fellowship: Michigan State University
Area: Sports Medicine/Electromyography (EMG)
Certification: Physical Medicine and Rehabilitation

EmergeOrtho (Apex)
910 W. Williams St.
Apex, NC 27502
Phone: (919) 363-1957
Fax: (919) 363-1952
Website: www.emergeortho.com

EmergeOrtho (Raleigh-Duraleigh Road)
3100 Duraleigh Road
Suite 100
Raleigh, NC 27612
Phone: (919) 788-8797
Fax: (919) 788-8798
Website: www.emergeortho.com

For additional locations, please visit findadoc.unchealthcare.org.
Shannon V. Beligotti, PA-C

**Specialty:** Physical Medicine and Rehabilitation  
**Physician Assistant:** Wake Forest University  
**Certification:** Physician Assistant

**Bryant T. Aldridge Rehabilitation Center**  
2400 Medpark Drive  
Rocky Mount, NC 27804  
**Phone:** (252) 962-3700  
**Fax:** (252) 962-3779  
**Website:**  
www.nashunchealthcare.org/care-treatment/rehabilitation-services/inpatient-center

**Carolina Rehabilitation and Surgical Associates, PA**  
3000 New Bern Ave.  
Raleigh, NC 27610  
**Phone:** (919) 350-8779  
**Fax:** (919) 350-8812

Kevin Carneiro, DO  
**Assistant Professor; Medical Director, UNC Hospitals Spine Center**

**Specialty:** Physical Medicine and Rehabilitation  
**Special Interests:** Musculoskeletal rehabilitation, non-interventional spine care, interventional spine care, sports medicine, arthritis and joint injections, exercise  
**Medical School:** Philadelphia College of Osteopathic Medicine  
**Residency:** Rehabilitation Institute of Chicago  
**Fellowship:** Rehabilitation Institute of Chicago

**UNC Physical Medicine and Rehabilitation**  
1807 N. Fordham Blvd.  
UNC Center for Rehabilitation Care of Chapel Hill  
Chapel Hill, NC 27514  
**Phone:** (984) 974-9747  
**Fax:** (984) 974-9786  
**Website:**  
www.uncmedicalcenter.org/uncmc/care-treatment/physical-medicine-and-rehabilitation

**UNC Hospitals**  
101 Manning Drive  
Chapel Hill, NC 27514  
**Phone:** (984) 974-1000  
**Website:**  
www.uncmedicalcenter.org

For additional locations, please visit findadoc.unchealthcare.org.
Christine Cleveland, MD

**Assistant Professor**

**Specialty:** Physical Medicine and Rehabilitation

**Procedures and Research:** Spinal cord injury, spasticity management, spina bifida, acquired brain injury

**Medical School:** Ross University

**Residency:** University of North Carolina at Chapel Hill

**Fellowship:** University of Pittsburgh Medical Center

**Area:** Spinal Cord Injury

**Certifications:** Physical Medicine and Rehabilitation, Physical Medicine and Rehabilitation-Spinal Cord Injury Medicine

---

Jairon D. Downs, MD

**Specialty:** Physical Medicine and Rehabilitation

**Medical School:** Rosalind Franklin University of Medicine and Science

**Residency:** University of North Carolina at Chapel Hill

**Area:** Physical Medicine and Rehabilitation

**Certification:** Physical Medicine and Rehabilitation

---

**UNC Physical Medicine and Rehabilitation**
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Raleigh, NC 27610

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William Filer, MD
Assistant Professor

**Specialty:** Physical Medicine and Rehabilitation

**Special Interests:** Neuro-rehabilitation; TBI and concussion; musculoskeletal rehabilitation; performing arts medicine; amputee care; disability evaluation and independent medical examinations (IMEs); electromyography (EMG) and nerve conduction studies.

**Medical School:** Saint Louis University

**Residency and Chief Residency:** University of North Carolina at Chapel Hill

**Area:** Physical Medicine & Rehabilitation

**Certification:** Physical Medicine and Rehabilitation

**UNC Physical Medicine and Rehabilitation**
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**Website:**
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Lindsay K. Gossett, PA-C

**Specialty:** Physical Medicine and Rehabilitation

**Physician Assistant:** East Carolina University

**Certification:** Physician Assistant

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Michael D. Gwinn, MD

**Specialty:** Physical Medicine and Rehabilitation  
**Medical School:** Ohio State University  
**Internship:** Ohio State University  
**Residency:** Ohio State University  
**Certification:** Physical Medicine and Rehabilitation

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3000 New Bern Ave.  
Raleigh, NC 27610  
**Phone:** (919) 350-8779  
**Fax:** (919) 350-8812

Matthew Harris, PhD  
**Assistant Professor**

**Specialty:** Physical Medicine and Rehabilitation  
**Procedures and Research:** Neuropsychological evaluation and treatment for the following: Acquired brain dysfunctions; aging/dementia; seizure disorders/epilepsy surgery, emotional/personality changes, and other cognitive disorders.

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1807 N. Fordham Blvd.  
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101 Manning Drive  
Chapel Hill, NC 27514  
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**Website:** www.uncmedicalecenter.org
## Physical Medicine and Rehabilitation (cont.)

### James J. Hill III, MD, MPH

**Medical Director, Occupational Health, UNC-Chapel Hill; Associate Medical Director, Occupational Health, UNC Hospitals; Director of Quality Improvement; Associate Professor**

**Specialty:** Physical Medicine and Rehabilitation  
**Special Interests:** Industrial rehabilitation, occupational medicine, impairment ratings, return to work, absenteeism and earnings after acute illness and injury, traumatic brain injury outcomes in combat veterans.  
**Medical School:** Medical University of South Carolina  
**Additional Education:** Yale University  
**Certifications:** Physical Medicine and Rehabilitation, Preventive Medicine-Occupational Medicine

---

### Danielle L. Hogan, PA-C

**Specialty:** Physical Medicine and Rehabilitation  
**Physician Assistant:** Stony Brook University  
**Certification:** Physician Assistant

---

### Bryant T. Aldridge

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2400 Medpark Drive  
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**Fax:** (252) 962-3779  
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**Carolina Rehabilitation and Surgical Associates, PA**  
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Raleigh, NC 27610

**Phone:** (919) 350-8779  
**Fax:** (919) 350-8812
David Charles (Dave) Hogarty, DO

**Specialty:** Physical Medicine and Rehabilitation  
**Procedures and Research:** Electromyography  
**Special Interests:** Painful disorders of the spine and limbs including low back and neck pain, sciatica, carpal tunnel syndrome, and arthritis affecting any joint but especially shoulders, knees and hips; treatments including medications, injections, manipulative therapy (osteopathic manipulation), acupuncture and regenerative medicine (platelet-rich plasma (PRP)) to help heal degenerated joints, tendons and ligaments

**Medical School:** A.T. Still University, Missouri  
**Residency:** Michigan State University  
**Area:** Physical Medicine and Rehabilitation  
**Certification:** Physical Medicine and Rehabilitation

Rachid Idrissi, MD

**Specialties:** Pain Management, Physical Medicine and Rehabilitation  
**Medical School:** Mohammed V University  
**Internship:** Flushing Hospital Medical Center  
**Residency:** University of Louisville  
**Area:** Physical Medicine and Rehabilitation  
**Fellowship:** Emory University Hospital  
**Area:** Physical Medicine and Rehabilitation  
**Certification:** Physical Medicine and Rehabilitation

**Wayne Rheumatology and Musculoskeletal Medicine**  
2704 Medical Office Place  
Goldsboro, NC 27534  
**Phone:** (919) 736-4724  
**Fax:** (919) 736-1677  
**Website:** www.whima.com

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204 Medspring Drive  
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Clayton, NC 27520  
**Phone:** (919) 359-8643  
**Fax:** (919) 359-8689  
**Website:** www.advancedspinepaincenter.com
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<thead>
<tr>
<th>Muriel Lynn (Lynn) Lamoureux, PA-C</th>
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<tbody>
<tr>
<td><strong>Physician Assistant:</strong> University of Colorado</td>
</tr>
<tr>
<td><strong>Certification:</strong> Physical Medicine and Rehabilitation</td>
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<table>
<thead>
<tr>
<th>Renee E. Laszlo, PA-C</th>
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<tr>
<td><strong>Physician Assistant:</strong> Gannon University</td>
</tr>
<tr>
<td><strong>Certification:</strong> Physician Assistant</td>
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<tr>
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</tbody>
</table>
Physical Medicine and Rehabilitation (cont.)

Angela Lipscomb-Hudson, MD  
Assistant Professor

**Specialty:** Physical Medicine and Rehabilitation  
**Procedures and Research:** Botulinum toxin injections, health coaching, spasticity management, stroke rehabilitation, rehabilitation of neurological disorders and general rehabilitation  
**Special Interests:** Obesity medicine and weight management  
**Medical School:** Howard University  
**Residency:** Rehabilitation Institute of Chicago  
**Area:** Physical Medicine and Rehabilitation  
**Certifications:** Physical Medicine and Rehabilitation, Obesity Medicine

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**Website:** www.uncmedicalcenter.org/uncmc/care-treatment/physical-medicine-and-rehabilitation

Troy G. Moise, FNP

**Specialty:** Physical Medicine and Rehabilitation  
**Physician Assistant:** East Carolina University  
**Area:** Nursing-Family Nurse Practitioner  
**Certification:** Physical Medicine and Rehabilitation

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Raleigh, NC  27610  
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Physical Medicine and Rehabilitation (cont.)

Wing K. Ng, MD

**Specialty:** Physical Medicine and Rehabilitation  
**Medical School:** Baylor College of Medicine  
**Internship:** St. Joseph Mercy Ann Arbor  
**Residency:** Baylor College of Medicine  
**Area:** Physical Medicine and Rehabilitation  
**Fellowship:** Methodist Rehabilitation Center  
**Area:** Brain Injury Rehabilitation  
**Certifications:** Physical Medicine and Rehabilitation, Physical Medicine and Rehabilitation-Brain Injury Medicine

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**Phone:** (919) 350-8779  
**Fax:** (919) 350-8812

Patrick J. O'Brien, MD

**Specialty:** Physical Medicine and Rehabilitation  
**Medical School:** New York Medical College  
**Residency:** Tufts-New England Medical Center  
**Area:** Physical Medicine and Rehabilitation  
**Certification:** Physical Medicine and Rehabilitation

Bryant T. Aldridge Rehabilitation Center  
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**Fax:** (252) 962-3779  
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**Phone:** (919) 350-8779  
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Physical Medicine and Rehabilitation (cont.)

Heather L. Pfeil, PA-C

Specialty: Physical Medicine and Rehabilitation  
Physician Assistant: King's College  
Certification: Physician Assistant

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Website:  
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Raleigh, NC  27610

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Margaret F. Potter, PA-C

Specialty: Physical Medicine and Rehabilitation  
Physician Assistant: East Carolina University  
Certification: Physician Assistant

Bryant T. Aldridge Rehabilitation Center  
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3000 New Bern Ave.  
Raleigh, NC  27610

Phone: (919) 350-8779  
Fax: (919) 350-8812
Kimberly Karrat Rauch, DO

**Assistant Professor**

**Specialty:** Physical Medicine and Rehabilitation

**Procedures and Research:** Women’s health rehabilitation, pregnancy-related pain and musculoskeletal disorders, musculoskeletal rehabilitation, neurological rehabilitation, including MS, adult CP and spina bifida general rehabilitation

**Medical School:** Nova Southeastern University

**Area:** Osteopathy

**Residency:** Rehabilitation Institute of Chicago

**Area:** Physical Medicine and Rehabilitation

**Certification:** Physical Medicine and Rehabilitation

Chatham Hospital
475 Progress Blvd.
Siler City, NC 27344

**Phone:** (919) 799-4000

**Website:** www.chathamhospital.org

**UNC Specialty Care at Chatham**
163 Medical Park Drive
Chatham Medical Park
Suite 110
Siler City, NC 27344

**Phone:** (919) 799-4050
**Fax:** (919) 799-4051

**Website:** www.uncpn.com/pn/practices-locations/unc-specialty-care-at-chatham

*For additional locations, please visit findadoc.unchealthcare.org.*

Eric Roslonski, DO

**Specialty:** Physical Medicine and Rehabilitation

**Medical School:** Philadelphia College of Osteopathic Medicine

**Internship:** University of Pittsburgh Medical Center

**Area:** Osteopathic Internship

**Residency:** Indiana University Medical Center

**Area:** Physical Medicine and Rehabilitation

**Fellowship:** Penn State Hershey Medical Center

**Area:** Pain Medicine

**Certifications:** Physical Medicine and Rehabilitation, Physical Medicine and Rehabilitation-Neuromuscular Medicine, Physical Medicine and Rehabilitation-Pain Medicine

Pardee Pain Center
800 N. Justice St.
First Floor
Hendersonville, NC 28791

**Phone:** (828) 694-4548
**Fax:** (828) 694-4547

**Website:** www.pardeehospital.org/care-treatment/pain-management
Tana S. Royal, AGNP

**Specialty:** Physical Medicine and Rehabilitation  
**Master of Science:** University of North Carolina at Chapel Hill  
**Area:** Nursing-Nurse Practitioner  
**Certification:** Nursing-Nurse Practitioner

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Andrew Rudins, MD

**Specialties:** Physical Medicine and Rehabilitation, Sports Medicine  
**Special Interests:** Treatment of non-surgical orthopaedic and neuromuscular problems, including ankle sprains, knee arthritis, rotator cuff problems, tennis elbow, carpal tunnel syndrome, and neck and back pain; muscle, nerve, tendon and ligament injuries; running injuries  
**Medical School:** University of Virginia  
**Residency:** Mayo Clinic  
**Area:** Physical Medicine and Rehabilitation  
**Fellowship:** University of Hawaii at Manoa  
**Area:** Sports Medicine  
**Certifications:** Electrodiagnostic Medicine, Physical Medicine and Rehabilitation

Southeastern Sports Medicine and Orthopedics, a Department of Pardee Hospital (Asheville)  
21 Turtle Creek Drive  
Asheville, NC  28803  
**Phone:** (828) 274-4555  
**Fax:** (828) 274-8348  
**Website:**  
www.southeasternsportsmedicine.com
Freda T. Sigmon, PA-C

Specialty: Physical Medicine and Rehabilitation
Physician Assistant: East Carolina University
Certification: Physician Assistant

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Carl L. Smith, MD

Specialty: Physical Medicine and Rehabilitation
Medical School: University of Pittsburgh
Internship and Residency: University at Buffalo
Area: Physical Medicine and Rehabilitation
Certifications: Addiction Medicine, Physical Medicine and Rehabilitation

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107 E. McClanahan St.
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Website: www.emergeortho.com

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Fax: (919) 453-5741
Website: www.emergeortho.com
Kristin A. Stiller, PA-C

**Specialty:** Physical Medicine and Rehabilitation  
**Physician Assistant:** East Carolina University  
**Certification:** Physician Assistant

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Raleigh, NC 27610

**Phone:** (919) 350-8779  
**Fax:** (919) 350-8812

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Paul Thananopavarn, MD  
**Associate Professor**

**Specialty:** Physical Medicine and Rehabilitation  
**Procedures and Research:** Rehabilitation of medically complex patients, cancer rehabilitation, geriatric rehabilitation, internal medicine, medical acupuncture, wound care, musculoskeletal disorders, joint injections, botulinum toxin injections.

**Medical School:** University of Southern California  
**Residency:** East Carolina University  
**Postdoctoral:** University of California, Los Angeles and Helms Medical Institute  
**Certification:** Physical Medicine and Rehabilitation

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www.uncmedicalcenter.org  

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Karla L. Thompson, PhD

**Assistant Professor**

**Specialty:** Physical Medicine and Rehabilitation

**Procedures and Research:** Neuropsychological evaluation and treatment for the following: acquired brain dysfunctions, cognitive disorder associated with aging, spinal cord injury, back pain and other disabling conditions, emotional and behavior changes, chronic conditions.

**Doctorate:** University of South Florida

---

Cynthia M. Wallace, FNP

**Specialty:** Physical Medicine and Rehabilitation

**Certification:** Nursing-Family Nurse Practitioner

---

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Carolina Rehabilitation and Surgical Associates, PA
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Raleigh, NC 27610

**Phone:** (919) 350-8779
**Fax:** (919) 350-8812
## Eugenia F. Zimmerman, MD

**Specialty:** Physical Medicine and Rehabilitation  
**Medical School:** Virginia Commonwealth University  
**Internship:** Reading Hospital  
**Residency and Fellowship:** Michigan State University  
**Area:** Physical Medicine and Rehabilitation  
**Certification:** Physical Medicine and Rehabilitation  

**EmergeOrtho (Raleigh-Duraleigh Road)**  
3100 Duraleigh Road  
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**Website:** [www.emergeortho.com](http://www.emergeortho.com)  

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120 William Penn Plaza  
Durham, NC  27704  
**Phone:** (919) 220-5255  
**Fax:** (919) 220-6379  
**Website:** [www.emergeortho.com](http://www.emergeortho.com)  

## Tanya Zinner, MD

**Assistant Professor**  

**Specialty:** Physical Medicine and Rehabilitation  
**Special Interests:** spasticity management; pain management; neurological rehabilitation including stroke rehab; subacute rehabilitation  
**Medical School:** State University of New York Health Science Center at Syracuse  
**Residency:** Tufts University  
**Area:** Physical Medicine and Rehabilitation  
**Certification:** Physical Medicine and Rehabilitation  

**UNC Hospitals**  
101 Manning Drive  
Chapel Hill, NC  27514  
**Phone:** (984) 974-1000  
**Website:** [www.uncmedicalcenter.org](http://www.uncmedicalcenter.org)  

**UNC REX Rehabilitation and Nursing Care Center of Raleigh**  
4210 Lake Boone Trail  
Raleigh, NC  27607  
**Phone:** (919) 784-6600  
**Fax:** (919) 784-6623  
Michael Ingraham, MD
Assistant Professor

Specialty: Physical Medicine and Rehabilitation
Subspecialty: Physical Medicine and Rehabilitation - Musculoskeletal and Orthopaedic Rehabilitation

Procedures and Research: Non-surgical musculoskeletal medicine; interventional spine care; back and neck pain and arthritis; hip, knee, and shoulder pain and arthritis; lumbar and cervical radiculopathy; lumbar facet arthropathy; degenerative disc disease

Medical School: Ross University
Residency: Georgetown University Hospital
Fellowship: University of Virginia

Certifications: Physical Medicine and Rehabilitation, Physical Medicine and Rehabilitation-Pain Medicine

UNC Physical Medicine and Rehabilitation
1807 N. Fordham Blvd.
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Website: www.uncmedicalcenter.org/uncmc/care-treatment/physical-medicine-and-rehabilitation

UNC Hospitals Spine Center and Neurosurgery Clinic
1350 Raleigh Road
Second Floor
Chapel Hill, NC 27517

Phone: (984) 974-4200
Fax: (919) 966-9094
Website: www.uncmedicalcenter.org/uncmc/care-treatment/spine-care
# Lee Shuping, MD, MPT

**Assistant Professor**

**Specialty:** Physical Medicine and Rehabilitation  
**Subspecialty:** Physical Medicine and Rehabilitation - Musculoskeletal and Orthopaedic Rehabilitation  
**Special Interests:**  
Musculoskeletal medicine, electromyography, conservative management of joint and back pain, general rehabilitation  
**Medical School:** University of North Carolina at Chapel Hill  
**Residency:** University of Virginia  
**Master of Physical Therapy:** East Carolina University  
**Certification:** Physical Medicine and Rehabilitation

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Care of Chapel Hill  
Chapel Hill, NC 27514  
**Phone:** (984) 974-9747  
**Fax:** (984) 974-9786  
**Website:**  
www.uncmedicalcenter.org/uncmc/care-treatment/physical-medicine-and-rehabilitation

**UNC Hospitals Spine Center and Neurosurgery Clinic**  
1350 Raleigh Road  
Second Floor  
Chapel Hill, NC 27517  
**Phone:** (984) 974-4200  
**Fax:** (919) 966-9094  
**Website:**  
www.uncmedicalcenter.org/uncmc/care-treatment/spine-care

For additional locations, please visit findadoc.unchealthcare.org.
Cara Siegel, MD

Specialty: Physical Medicine and Rehabilitation
Subspecialty: Physical Medicine and Rehabilitation - Musculoskeletal and Orthopaedic Rehabilitation
Special Interests: Joint and soft tissue disorders, injections, fluoroscopically-guided spine injections, electrodiagnostic studies
Medical School: Virginia Commonwealth University
Internship: William Beaumont Army Medical Center
Residency: William Beaumont Hospital
Area: Physical Medicine and Rehabilitation
Certifications: Electrodiagnostic Medicine, Physical Medicine and Rehabilitation

Raleigh Orthopaedic (Cary)
222 Ashville Ave.
Suite 20
Cary, NC 27518
Appointments: (919) 863-6808
Phone: (919) 781-5600
Fax: (919) 863-6908
Website: www.raleighortho.com

Raj Telhan, MD
Assistant Professor

Specialty: Physical Medicine and Rehabilitation
Subspecialty: Physical Medicine and Rehabilitation - Musculoskeletal and Orthopaedic Rehabilitation
Procedures and Research: Interventional spine medicine, spine rehabilitation, lumbar and cervical radiculopathy, lumbar facet arthropathy, degenerative disc disease, back pain, neck pain, hip pain
Medical School: University of Virginia
Residency: New York Hospital-Cornell Medical Center
Area: Physical Medicine and Rehabilitation
Fellowship: University of Virginia
Area: Interventional Spine Medicine
Certification: Physical Medicine and Rehabilitation

UNC Hospitals Spine Center and Neurosurgery Clinic
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Andrew Rudins, MD

**Specialties:** Physical Medicine and Rehabilitation, Sports Medicine

**Special Interests:** Treatment of non-surgical orthopaedic and neuromuscular problems, including ankle sprains, knee arthritis, rotator cuff problems, tennis elbow, carpal tunnel syndrome, and neck and back pain; muscle, nerve, tendon and ligament injuries; running injuries

**Medical School:** University of Virginia

**Residency:** Mayo Clinic
**Area:** Physical Medicine and Rehabilitation

**Fellowship:** University of Hawaii at Manoa
**Area:** Sports Medicine

**Certifications:** Electrodiagnostic Medicine, Physical Medicine and Rehabilitation

**Southeastern Sports Medicine and Orthopedics, a Department of Pardee Hospital (Asheville)**
21 Turtle Creek Drive
Asheville, NC 28803

**Phone:** (828) 274-4555
**Fax:** (828) 274-8348
**Website:** www.southeasternsportsmedicine.com
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